Glad Tidings

November 2026

ST. ANTONY OF EGYPT EPISCOPAL CHURCH
11885 Old Frontier Road
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The Rev. Hillary Kimsey, Vicar

Vicar's Voice

November is inevitably the month where most Americans end up shifting their attention to gratitude as the Thanksgiving holiday approaches. While the original Thanksgiving story is a complex, problematic, and bittersweet one, the premise behind the holiday is one I can get behind-- spending time with people you care about, sharing a meal, and naming aloud what you are thankful for... these are timeless and powerful spiritual practices.

In fact, Harvard Health writes (just as our own retired nurse, Mary Dean often says) that gratitude "enhances health, brings happiness, and may even lengthen lives!" While the study linked in that article is limited, even more broad and thorough research is being done. Intentionally and frequently practicing gratitude has a marked and positive effect on our bodies, brains, and our emotional and spiritual wellbeing. And if you aren't sure where to start, Harvard Health suggests starting by asking yourself these six questions, every day:

- What happened today that was good?
- What am I taking for granted that I can be thankful for?
- Which people in my life am I grateful for?
- What is the last book I read or movie, show, or social media clip I saw that I really appreciated, and why?
- What am I most looking forward to this week, month, and year, and why?
- What is the kindest thing someone has said or done lately?

There are lots of ways you can use these: You can journal the answers. You can pick one question and have each person in your home answer it around the dinner table. You can text one of the questions to a friend and invite them to answer and share your own answer in response. And you are always welcome to share any of your answers with me via email or conversation-- I would love to celebrate your blessings with you.

For me, I find myself grateful for this community of faith. Even when things are busy or stressful, I end up having a conversation with one or more of you that reminds me of why I love doing this work that God has called me to do. Thank you for the blessing that you are to me, to each other, to the community around us, and to the Kingdom of God. Amen.

Mother Hillary

The mission of St. Antony's is to be a loving and welcoming community who worships God, grows in Christ, and serves others.

Gather, Grow, and Go!

Musings from the Bishop's Warden

Pilgrimage to Scotland

Last month I wrote that I was going on the Journey into Celtic Culture. Members of St. Antony, St. James in Kent and others, both old and new friends, made up our group of 21. Our pilgrimage took us to Glasgow, Iona, Kilmartin Glen, Lindisfarne or Holy Island, and Edinburgh. Through strong winds, rain, sun and rainbows, I experienced a spirituality of learning and fellowship. It was fascinating to walk and see the sights of the Celtic forbears including neolithic, Bronze age, and Viking influences and sites.

Iona Abbey

3 Legged Stool
Edinburgh

Highland Cow
Scotland

Standing Stones
Kilmartin Glen

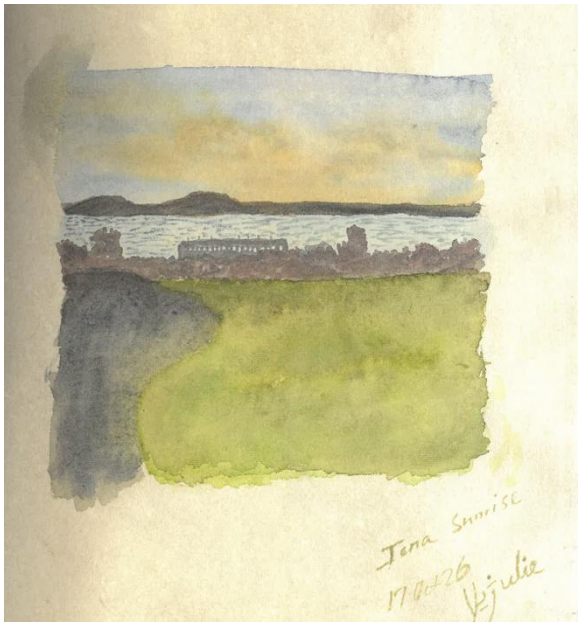
St. Aiden and medival priory
Lindisfarne

Govan Old Church
Glasgow

Although I didn't discover my "thin place", maybe it will be revealed to me later or simply found in a different place. [Thin places according to Celtic culture are places between the physical world and the spiritual realm that are porous and thin.]

Kathy Avery, Bishop's Warden

Photos painted by Julie Sherwin on their trip to Scotland.



From the Altar Guild: The Colors of Our Church Year

Have you ever noticed how the colors around the altar change throughout the year? One of the lovely traditions of the Episcopal Church is the use of liturgical colors to mark the seasons of our worship. As members of the Altar Guild, we have the privilege of preparing the church for these changing seasons, and each color helps tell a part of our shared story of faith.

- **White** is the color of joy and celebration! We use it during Christmas and Easter, as well as for baptisms, weddings, and other special feast days. Sometimes gold is used in its place.
- **Purple** reminds us of preparation, reflection, and repentance. You'll see it during Lent as we journey toward Easter. It is also a traditional color for Advent.
- **Blue** is another color used during Advent. It represents hope and anticipation as we await the coming of Christ.
- **Red** represents the fire of the Holy Spirit and the sacrifice of the martyrs. We use it on Pentecost and on feast days honoring those who gave their lives for their faith.
- **Green** is the color of growth and new life. You'll see it during much of the year, particularly in the seasons following Epiphany and Pentecost, as we continue growing together in faith.
- **Black** is a color of mourning and solemn remembrance. Though less common today, it may be used on Good Friday or at All Souls Day, and occasionally funerals.

Each time the Altar Guild changes the altar hangings or prepares the vestments, we're doing more than making the church beautiful. We're helping mark the passage of the Church year, from the quiet waiting of Advent to the joy of Easter and the steady growth of Ordinary Time.

It's one of the small but meaningful ways our worship space helps tell the story of our faith. The next time you come to church, take a moment to notice the colors. They have a story to tell!

Submitted by Heidi Hood

Faith Formation

Episcopal 101: Episcopal 101 continues to meet on Sundays between services, led by Mother Hillary. Attendance has ranged from two to eight participants, allowing for a variety of conversations and questions. Discussion topics vary from week to week, making this a wonderful opportunity to learn more about the Episcopal Church, explore our traditions, and grow together in faith.

Youth Group: Our Youth Group continues to gather on Sunday evenings, with attendance varying from week to week. Conversations are informal and often grow naturally out of whatever topics or questions the youth bring

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to the table. Meals remain an important part of these gatherings, and we are grateful to everyone who has volunteered to provide one. There are still a few evenings in need of volunteers, so if you would like to help, please look for the meal sign-up sheet in the narthex.

Godly Play: Godly Play continues to welcome our youngest parishioners on Sunday mornings. There are currently 16 children on the roster, with typical Sunday attendance ranging from three to seven children. Kristen Fabry shared that the program is still looking for additional shepherds (teachers) and is happy to provide training for anyone interested in helping. She has also met with Wendy and Lincoln and is hopeful they will be able to join the regular teaching rotation. Having a few more volunteers would be a wonderful way to support this important ministry!

Bible Study: Our Bible Study group is wrapping up its exploration of Colossians and preparing to begin a new study, *Hidden Treasures*, which will take participants into the Apocrypha. This promises to be an interesting opportunity to explore some of the lesser-known writings of our faith tradition.

New Beginnings Contemplative Prayer: October was a quieter month for New Beginnings, with several members away in Scotland. Beginning in November, the group will transition to its new Tuesday and Thursday schedule. We look forward to settling into this new rhythm of gathering for prayer and reflection.

Advent Soup Suppers: Advent is just around the corner! With the first Sunday of Advent falling on November 29 this year, our Advent Soup Suppers will begin during the first week of December. These gatherings offer a lovely opportunity to share a meal, enjoy fellowship, and take a little time together during what can be a very busy season. More details will be coming soon!

ZimZum: Bishop LaBelle has released a new video, *Fellowship and Hospitality Around the Table*, as part of the ZimZum discipleship series. The video invites us to consider the importance of gathering around the table and the ways that sharing food, conversation, and hospitality can deepen our connections with one another. You can watch the video and learn more about the series on the diocesan website: https://ecww.org/zimzum-discipleship/

Camp Huston: From November 26th to November 29th, the camp will host a Thanksgiving retreat. Come for Thanksgiving dinner and spend the weekend enjoying holiday crafts and family activities. Lastly, Camp Huston will have a Quilter's Holiday event December 3rd through the 6th. This will be a cozy and relaxing weekend with crafting projects, cocoa, massages, holiday happy hour, and a silent auction. Register for these events at https://huston.org/hustonevents/.

Heidi Hood, Faith Formation Commissioner.

Community Thanksgiving Eve service

This will be hosted at Silverdale Lutheran Church at 7pm on Wednesday, November 25. Some of our St. Antony's choir members will be singing in the joint choir, and Mother Hillary will be presiding at communion. Silverdale Lutheran, St. Antony's Episcopal, and Central Kitsap Presbyterian will all be represented. 😊

Join the Floral Ministry!

Our Floral Ministry is looking for 2–3 new members to join our team! Ministry members purchase or forage for flowers and foliage, then design arrangements for the altar on Friday or Saturday at a time that fits your schedule. After Sunday services, our flowers are shared with parishioners who are celebrating a special occasion or in need of a boost. Time commitment is about once every 5 weeks (less if more people sign up).

Curious about flower arranging? Heather will provide hands-on training to introduce you to our Sacristy workspace, design techniques, and mechanics.

Lesson #1: A Traditional Prayer for Flower Arrangers *"Lord, accept the work of my hands and heart. As these flowers bloom for a short time, may my life bloom for Your glory and bring joy to all who seek You. Bless this space and all who enter into Your presence today, through Jesus Christ our Lord. Amen."*

Thank you to all those who continuously donate to the Altar Guild/Floral Ministry, it is very appreciated.

Interested in joining? Please contact Heather Carnocki or the church office.

Outreach

Kidzz Helping Kidzz

Next up for St. Antony's outreach to our community is the KIDZZ HELPING KIDZZ toy drive. Collection bins will be delivered after church on November 15th, and will be available through the Sunday services on December 13th. Kidzz Helping Kidzz is a local nonprofit founded by children to provide toys for children in local hospitals. Click here to view a video describing their efforts and accomplishments. We invite you to participate by donating any of the following **new** items:

- Toys appropriate for children aged 2-16 years old
- Kindles, Nooks, and books
- Games and puzzles
- Chromebooks or tablets
- Legos
- Art Supplies
- Sports Equipment
- Stuffed animals with tags

For more information about Kidzz Helping Kidzz, click the logo above.

With thanks,
Holly Hoxeng, Outreach Commissioner.

Meet your Bishop's Committee

Kathy Avery
Bishop's Warden
Term ends Jan. 2027

Marj Zantek
People's Warden
Term ends Jan.2027

Cris McCarty
Clerk of the BC
Website Manager
Term ends Jan. 2027

Kathy Gero
Parish Life
Term ends Jan. 2028

Chelsea Reeder
Welcoming
Term ends Jan. 2028

Holly Hoxeng
Outreach
Term ends Jan. 2029

Heidi Hood
Faith Formation
Term ends Jan. 2027

Karrie Wiley
Pastoral Care
Term ends Jan. 2029

Sarah Rogers
Communications
Term ends Jan. 2028

Dave Peterson
Building & Grounds
Term ends Jan. 2027

Please contact one of these persons if you have questions or concerns or ideas within their commission.

October 22, 2026

Prison Ministry

In the April newsletter I answered the question, 'How is the prison ministry being received?' I provided an update in the August newsletter. I would like to provide another update.

The officer-in-charge (OC), [in the US they are superintendents or wardens, here they are OC's] of Maracha prison contacted me on WhatsApp. Maracha is the district (in the US you call them states) south of Koboko. (The country of South Sudan is to our north, and the Democratic Republic of Congo is to our west.) He received my information from the OC for Lobule prison (Koboko district) where we are the only ministry serving that prison. The normal process is to request permission to come to the prison for ministry. Now the OC was asking for our prison ministry to come to them too. This will be a challenge due to the distance, and the requested time conflicts with the ministry at Lobule prison, creating transportation challenges. Despite this, God has put it on our hearts, and we are in the process of beginning to serve at Maracha prison too.

Advanced Kairos Training

In February 2026, I traveled to Orlando for train-the-trainer. Kairos Prison Ministry International selected me to become one of the Kairos trainers for Uganda and this was the training to prepare me to conduct Advanced Kairos Training. The other trainer was unable to attend that train-the-trainer because of the changes in US visa requirements for many Africans, including Ugandans. Another training will be offered in November in Kenya for those that were unable to attend in February.

As a result, I am currently the only trained Kairos trainer in Uganda, and we needed to conduct Advanced Kairos Training (in October) for the upcoming Kairos weekend leaders so the first Kairos weekend in Uganda can occur as scheduled. (The Kairos weekend leader and the next leader must be trained before the Kairos weekend is held because they share the responsibility for training the rest of the team. The team training is eight meetings scheduled for mid-October through the first Saturday of December.) Even though I have been trained, I had never conducted this training before. Further, training is typically done with a pair or even three trainers to avoid the burden of asking one person to do everything for three days of training, but I was alone. The current training materials (updated based upon feedback following the train-the-trainer event) are online, but internet access in Uganda is obtained by hot spotting a phone. Doing that for three days would require a lot of data and expense, so I spent a month updating the copy I received at the train-the-trainer so I could use it without the internet.

Despite these fears (lone trainer, first time conducting this training) and challenges, God blessed the training. I gained information and experience for presenting ideas during the team formation for Kairos Koboko #1 (the first Kairos weekend in Uganda). My assisting leader (observing leader is the Kairos term) and the leader that will follow him, and a future Kairos Uganda trainer from Kampala all appreciated the training and gained appreciation for the Kairos method and the time Kairos takes to train teams (34-36 hours of team formation) in the Kairos method. Perhaps one of the biggest gains was they all now understand the "why."

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Thanksgivings	Prayer Requests
• Preparing a stand-alone copy of Advanced Kairos Training that matched the official, online version was successful. • Advanced Kairos Training in Uganda was a blessed time, and everyone involved came away excited for what God is doing through Kairos. • The renewal of my vehicle registration (logbook) has been completed.	• Kairos Prison Ministry as we prepare to offer the first Kairos weekend in Uganda. • My application for a long-term visa is still in process. Please pray that it will be granted, making it easier to focus on ministry.

Donation Mailing Address
Commission to Every Nation
P.O Box 291307
Kerrville, TX 78029-1307

Phone: 800-872-5404 (press 1)
Email: charles.L.smith@wavecable.com
Giving link: www.cten.org/charlessmith

Pastoral Care

Wowza!!! What a wonderful October!!! Lots of sun; with a teeny bit of rain!!

We have sent out many letters to some lovely people that need some love from us!!

Thanks for all your wonderful donations for the Pastoral Pantry!! We have sent out some food from the pantry already; which makes it all worthwhile!!

We have a card making class and cookie exchange coming up December 5 from 3- 5!!!
It should be a lot of fun!!!

Karrie Wiley, Pastoral Care Commissioner.

November Birthdays

4	Jesse Sherwin
5	Dolores "Dee" Perreira
6	Krista Goodale
7	Jill Gray
9	Tucker Johnson
9	Bridget Kmetz
11	Shane Holmen
18	Juliet Morelli
19	Heather George
21	Leland James
23	Holly Hoxeng
24	Donna Hilton
26	Melanie Reeder
26	Steve Fabry

November Anniversaries

25	Stu & Carol Smith
26	John & Debbie Stockwell

The deadline for the December Glad Tidings is ***Tuesday, November 17***th at 10am.
Please send all submissions to:
stantonysilverdale@gmail.com

(This is a week early.)

Financial Report September		**Year-to-date**
Operating Income	$17,505.97	$294,121.92
Operating Expenses	$28,748.57	$303,784.88
Net in September	**$11,242.60**	**$9,662.96**

Account Balances	
Local Checking	$35,160.35
Local Savings	$397.14
Diocesan Investment Funds	$186,313.29
Total	**$221,870.78**

November 2026 Schedule					
JOBS	**November 1 All Saints Day**	**November 8 24th Sunday after Pentecost/Proper 27**	**November 15 25th Sunday after Pentecost/Proper 28**	**November 22 Christ the King Sunday/Proper 29**	**November 29 First Sunday of Advent**
EM		Heidi Hood	Ruth Lindstrum	Mary Collier	Elizabeth Moorhead
LC/OT & NT		Elizabeth Moorhead	Cheryl Wright	Melo Scanlon	Heidi Hood
	9:30				
EM 10:15	Marj Zantek	Sarah Rogers	Peter Stockwell	Holly Hoxeng	Kristen Fabry
LC/OT 10:15	Cris McCarty	Luke Rogers	Audra Alford	Sarah Rogers	Elizabeth Flagg
LC/NT 10:15	Ruth Lindstrum	Jim Foley	Cris McCarty	Stu Smith	Jim Foley
ACOLYTES	Cris	Luke	Caroline & Nolan	Ellery	Chelsea
USHER	Mark Westin Suzanne Brock	Linda Robuck	Holly Hoxeng	Tim van As	Dave Peterson Carole Nau
COUNTERS			Tim van As Dave Wedeven		Jim Foley Holly Hoxeng
COFFEE HOUR	Jan L. & Dave P.	Wendy Fox	Ben Jones	Jane Stockton	**Congregation**
Bpod	Heidi Hood	Kathy Avery	Karrie Wiley	Chelsea Reader	Holly Hoxeng
1st LESSON	Revelation 7:9-17	Amos 5:18-24	Zephaniah 1:7,12-18	Ezekiel 34:11-16, 20-24	Isaiah 64:1-9
PSALM	Psalm 34:1-10, 22	Psalm 70	Psalm 90:1-8, (9-11), 12	Psalm 95:1-7a	Psalm 80:1-7, 16-18
2nd LESSON	1 John 3:1-3	1 Thessalonians 4:13-18	1 Thessalonians 5:1-11	Ephesians 1:15-23	1 Corinthians 1:3-9
GOSPEL	Matthew 5:1-12	Matthew 25:1-13	Matthew 25:14-30	Matthew 25:31-46	Mark 13:24-37

Roster of Volunteers for Services
If you cannot serve on your assigned Sunday, please call someone from this list.
(A strike through a name means they are not available now but will be back.)

LECTORS 8am	LECTORS 10:15	EUCHARISTIC MINISTERS	COUNTERS	USHERS	ACOLYTES
Grason Dalke	Audra Alford	**8am**	Jim Foley-A	Suzanne Brock	Caroline A.
Donna Hilton	Elizabeth Flagg	Mary Collier	Holly Hoxeng-A	~~Bill Fagan~~	Nolan A.
Heidi Hood	Jim Foley	Donna Hilton	Norma Tipton-B	Holly Hoxeng	Jason K.
Ruth Lindstrum	~~Jason Kimes~~	Heidi Hood	Tim van As-A	Carole Nau	Chelsea R.
Elizabeth Moorhead	Cris McCarty	Ruth Lindstrum	David W.-B	Dave Peterson	Luke R.
Dee Perreira	Luke Rogers	Elizabeth Moorhead	Marj Zantek-A	Linda Robuck	Soren V.
Melo Scanlon	Sarah Rogers	**10:15 am**		Rich Rogers	Ellery V.
Norma Tipton	Maggie Scott	Kristen Fabry	A – Comp.	~~Peter Stockwell~~	Cris McCarty
Cheryl Wright	Stu Smith	Holly Hoxeng	B - Assist.	Tim van As	
	~~Peter Stockwell~~	~~Jason Kimes~~		Mark Westin	
	Marj Zantek	Cris McCarty		Rick Zapp	
		Sarah Rogers			
	Tucker Johnson-sub	~~Peter Stockwell~~			
		Marj Zantek			

November

2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 *All Saints' Day* **8:45 & 11:00am** Choir Rehearsal **9:30 am** Holy Eucharist	2	3 **Noon** Drop-in Grief Group **4:30pm** Welcoming Team Meeting	4 **<<1pm** Mid-day prayers for Election Day	5 **12:30 pm** Bible Study	6 Vicar's Day Off **Music Group**	7 Vicar's Day Off **9am – 5 pm** **Kitsap Music Teacher Festival**
8 *Bishop's Staff Visitation* **8 am** Holy Eucharist **9am** Episcopal 101 **10:15 am** Holy Eucharist Minute for Mission	9 **<** **Loose plate Offering - Central Kitsap Food Bank** **PEO Ladies 9am -12:30**	10 **Noon** New Beginnings Contemplative Group **1:30 pm** Pastoral Care Mtg.	11 **11am** Outreach Mtg.	12 **12:30 pm** Bible Study	13 Vicar's Day Off **Music Group 9- noon** **Cleaners**	14 Vicar's Day Off
15 **8 am** Holy Eucharist **9am** Episcopal 101 **10:15 am** Holy Eucharist Teen Bible Study **11:45am** Bishop's Committee Meeting	16 **Noon** BC Reports Due	17 **11 am** Witty Knitters	18 **9am** Landscape Team Mtg.	19 **12:30 pm** Bible Study 6pm Card Game Night	20 Vicar's Day Off **Music Group 9- noon**	21 Vicar's Day Off **8am** Men's Fellowship Breakfast **9am** Building & Grounds Work Party **10am** Matt Johnson Healthcare Presentation
22 **8 am** Holy Eucharist **9am** Episcopal 101 **9:30 & 11:45am** Choir Rehearsal **10:15 am** Holy Eucharist Teen Bible Study **6pm** Youth Group	23	24 **10am** Newsletter Deadline **Noon** New Beginnings Contemplative Group	25 **7pm** Community Thanksgiving Eve Service at Silverdale Lutheran	26 *Happy Thanksgiving* 	27 Vicar's Day Off **Music Group 9- noon** **Cleaners**	28 Vicar's Day Off
29 **8:00 am** Holy Eucharist **9:00 am** Episcopal 101 **10:15 am** Holy Eucharist **Project Linus 1-4**	30					

St. Antony's Episcopal Church

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Silverdale, Washington 98383

www.saintantonys.com

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