

# The Holy Eucharist

March 15, 2026

## Fourth Sunday in Lent / Year A, Rite II

St. Antony of Egypt Episcopal Church

**Celebrant:** The Rev. Hillary Kimsey

**Musician:** Chris Eisenberg

**Acolytes:** Ellery

**Livestream Producer:** Guy Fulton

**Eucharistic Minister:** Kristen Fabry

**Lectors:** Jim Foley, Elizabeth Flagg

Welcome to St. Antony's. Our Eucharistic celebration is offered both in person and is livestreamed on Facebook. You will find our livestream at <https://www.facebook.com/saintantony/> For those worshipping in person, the use of facemasks is optional and we encourage respect for each person's choice to remain as healthy as possible.

*Our service includes both a prelude and a postlude offering. We ask that you use this time in quietness to prepare for our celebration of God's unconditional love for each of us and as an opportunity to give thanks as well as to show our respect for our musicians.*

We have been entrusted to be caretakers of this beautiful piece of God's creation. We acknowledge that the Suquamish and S'Klallam people are the traditional stewards of the land on which our buildings stand and we pay our respect to their people and heritage.

### Welcome

### Prelude

Opening Hymn      *"The Glory of these forty days"*      Hymnal 143

### Salutation

*The Celebrant says to the people*

Blessed be the God of our salvation.

**Who bears our burdens and forgives our sins.**

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

## Confession of Sin

*The Celebrant says:*

Let us confess our sins to God.

*Silence may be kept*

*Minister and People*

**Most merciful God,**

**we confess that we have sinned against you in thought, word, and deed,  
by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ, have mercy on us and forgive us;**

**that we may delight in your will, and walk in your ways,**

**to the glory of your Name. Amen.**

## Absolution

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## Kyrie (sung) "Trisagion" (sung 3 times) S-102



## Collect of the Day

*Celebrant* God be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## **The First Reading – 1 Samuel 16:1-13**

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Hear what the Spirit is saying to God's People.

**Thanks be to God.**

**Psalm 23**  
**Dominus regit me**

**Psalm tone 414**

Robert Knox Kennedy  
(b. 1945)



© 1979, Robert Knox Kennedy.

1 The Lord is my/ shepherd; \*  
I shall not be in/ want.

2 He makes me lie down in green/ pastures \*  
and leads me beside still/ waters.

3 He revives my/ soul \*  
and guides me along right pathways for his/ Name's sake.

4 Though I walk through the valley of the shadow of death, I shall fear no/ evil; \*  
for you are with me; your rod and your staff, they/ comfort me.

5 You spread a table before me in the presence of those who/ trouble me; \*  
you have anointed my head with oil, and my cup is running/ over.

6 Surely your goodness and mercy shall follow me all the days of my/ life, \*  
and I will dwell in the house of the Lord for/ ever.

**The Second Reading – Ephesians 5:8-14**

Once you were darkness, but now in the Lord you are light. Live as children of light—  
for the fruit of the light is found in all that is good and right and true. Try to find out what  
is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead  
expose them. For it is shameful even to mention what such people do secretly; but

everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says,

“Sleeper, awake!

Rise from the dead,

and Christ will shine on you.”

Hear what the Spirit is saying to God’s People.

**Thanks be to God.**

**Sequence Hymn**      **“Eternal light, shine in my heart”**      **Hymnal 466**

*(Verses 1 -2 before the Gospel; verse 3 after)*

### **The Gospel Reading – John 9:1-41**

*Celebrant*      The Holy Gospel of our Lord Jesus Christ according to John..

*People*      **Glory to you, Lord Christ.**

As Jesus walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.” When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him, “Go, wash in the pool of Siloam” (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” But they kept asking him, “Then how were your eyes opened?” He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” They said to him, “Where is he?” He said, “I do not know.”

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, “He put mud on my eyes. Then I washed, and now I see.” Some of the Pharisees said, “This man is not from God, for he does not observe the sabbath.” But others said, “How can a man who is a sinner perform

such signs?” And they were divided. So they said again to the blind man, “What do you say about him? It was your eyes he opened.” He said, “He is a prophet.”

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, “Is this your son, who you say was born blind? How then does he now see?” His parents answered, “We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.” His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, “He is of age; ask him.”

So for the second time they called the man who had been blind, and they said to him, “Give glory to God! We know that this man is a sinner.” He answered, “I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see.” They said to him, “What did he do to you? How did he open your eyes?” He answered them, “I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?” Then they reviled him, saying, “You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from.” The man answered, “Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing.” They answered him, “You were born entirely in sins, and are you trying to teach us?” And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, “Do you believe in the Son of Man?” He answered, “And who is he, sir? Tell me, so that I may believe in him.” Jesus said to him, “You have seen him, and the one speaking with you is he.” He said, “Lord, I believe.” And he worshiped him. Jesus said, “I came into this world for judgment so that those who do not see may see, and those who do see may become blind.” Some of the Pharisees near him heard this and said to him, “Surely we are not blind, are we?” Jesus said to them, “If you were blind, you would not have sin. But now that you say, ‘We see,’ your sin remains.”

*Celebrant*        The Gospel of the Lord.

**People**         **Praise to you, Lord Christ.**

## Homily – Rev. Hillary Kimsey

The Nicene Creed (*said together, standing as you are able.*)

**We believe in one God, the Father, the Almighty  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God, begotten, not  
made, of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation, he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**And his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers of the People

*Leader* I ask your prayers for those in the Armed Forces of our Country.

*People* O Almighty God, shelter the men and women of our armed forces under your mighty wings; steel their courage in times of peril; give them integrity and honor in all they do; grant perseverance and resilience to their families; and heal the wounded

**warriors. We remember those who are deployed, especially *Nicole Steller* through Jesus Christ our Lord. Amen.**

**The Prayers of the People    Adapted from “Hear our Prayer” by Jon White and Lisa Graves**

*Leader*

God of glory, be present as you have promised; hear our prayers and respond swiftly to the yearnings of our hearts as we say, Lord in your mercy, hear our prayer.

Awaken your church, especially Phil our bishop and Hillary our vicar, to its mission of healing and reconciliation, that it might be a beacon of hope.

Lord in your mercy, **hear our prayer.**

Stir the leaders of this nation, especially Donald our President and Bob our Governor, to pursue justice and peace so that all who live here might live with dignity and the confidence of a better tomorrow.

Lord in your mercy, **hear our prayer.**

Arouse in us the desire to be engaged with our local communities that they might be places where everyone’s potential might have a chance to be discovered and nurtured.

Lord in your mercy, **hear our prayer.**

Stir up in us the courage to confront the challenges of a changing climate, that we might ensure a world where future generations might thrive.

Lord in your mercy, **hear our prayer.**

Bring your healing peace to all who suffer and keep us mindful of their needs, that they might know wholeness and healing, resting in the assurance of their beloved-ness.

Lord in your mercy, **hear our prayer.**

In the World Anglican Communion we give thanks and pray for The Anglican Church of Kenya. In Jerusalem and the Middle East we give thanks and pray for St. George’s Guest House, Jerusalem. In our own Diocese of Olympia we give thanks and pray for Emmanuel All Nations, Federal Way; St. James, Kent.

Lord in your mercy, **hear our prayer.**

Let us pray for the needs of others.

*Prayer list is read*

*A brief silence is kept. The people may add their own prayers, silently or aloud.*

Let us pray for peace to come to our hurting world.

**Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as beloved children of one God. For yours is the power and the glory, now and forever. Amen.**

*The Celebrant concludes*

Through your Law, your prophets and your Son, O God, you have ever sought to expand our perception and to lead us into deeper relationship with you and your creation. Keep us in your love and show us how we might continue Christ's mission of healing and reconciliation in our own lives. All we ask, we ask through Christ, our Lord, who lives and reigns with you and the Holy Spirit, indivisible and forever. **Amen.**

## **The Peace**

*Celebrant:* The peace of Christ be always with you.

*People:* **And also with you.**

*The clergy and people greet one another in the name of the Lord.*

## **Birthdays and Anniversaries**

**Birthday Prayer - Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passes understanding abide all the days of their life; through Jesus Christ our Lord. Amen.**

## **Announcements**

### **THE HOLY COMMUNION**

#### *OFFERTORY INSTRUCTIONS*

*The offertory plates are passed throughout the congregation by the ushers. Please accept the plate and pass it all the way down your row. When it comes to you, we invite you to use those few seconds to thank God for the blessings in your life and reflect on how you are giving back. Giving is never an obligation; it's always an invitation! We know that everyone gives as the Spirit leads, and*

*that gifts of time and talent don't fit in the offering plate! We also know that many people give online or by the QR code above. (If so, feel free to place the "I Gave Online" card in the plate as it passes you.) So whether you have something to put in the plate today or not, this moment is just between you and God. If you simply pray "Thank you, God" each time you touch the offering plate, that is a powerful spiritual practice.*

**Offertory      “The King of love my shepherd is”      Hymnal 645**



You can make a donation to the church by scanning the QR code with your phone.

**The Doxology** (*sung*)

**Praise God from whom all blessings flow; praise him, all creatures, here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.**

### **The Great Thanksgiving**

**Eucharistic Prayer C**

**BCP, Page 361**

*When, facing the Holy Table, the Celebrant proceeds*

*Celebrant*      May God be with you.

**People**      **And also with you.**

*Celebrant*      Lift up your hearts.

**People**      **We lift them to the Lord.**

*Celebrant*      Let us give thanks to the Lord our God.

**People**      **It is right to give our thanks and praise.**

*When facing the Holy Table, the Celebrant proceeds*

God of all power, Source and Sustainer of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: shining light and enfolding dark; the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with the capacity for memory, reason, and skill. You made us the stewards of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

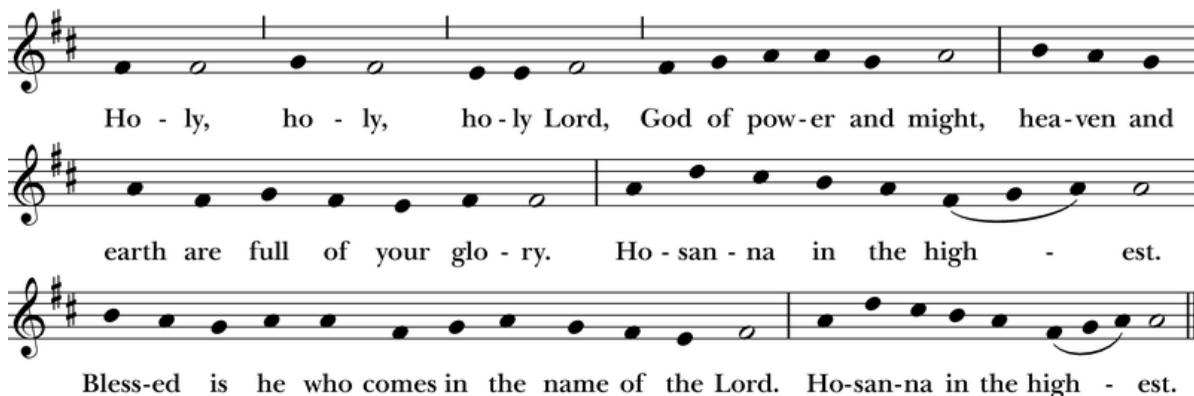
Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your eternal Word, born of your servant, Mary, to fulfill your Law, opening for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Sanctus - "Holy, Holy, Holy Lord" S-124**



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

*The people stand or kneel. Then the Celebrant continues*

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

*Celebrant and People*

**We celebrate Christ's death and resurrection, as we await the day of his coming.**

*The Celebrant continues*

Therefore, O God, we who have been redeemed by Jesus Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Savior.

Sanctify us also, and let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

God of our ancestors; Redeemer and Mother of Israel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only and not for strength; for pardon only and not for renewal.

Accept these prayers and praises, Almighty God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

**The Lord's Prayer** (*spoken*)

*Celebrant*

And now, as our Savior Christ has taught us, we pray in the language of our hearts,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## Fraction Rite – “My flesh is food indeed” S-169

*Cantor or Choir*

My flesh is food in - deed, and my blood is drink in -

deed, says the Lord. *All* My Lord. *2 Cantor or Choir* Those who eat my

*All* flesh and drink my blood dwell in me and I in them. My

flesh is food in - deed, and my blood is drink in - deed, says the Lord.

The musical score is written on four staves of a single treble clef. The first staff begins with a rest followed by a double bar line with repeat dots. The lyrics are placed below the notes. The second staff has a first ending bracket labeled '1 All' and a second ending bracket labeled '2 Cantor or Choir'. The third staff has a final 'All' marking above the end of the line. The piece concludes with a double bar line on the fourth staff.

Music: Ray W. Urwin (b. 1950). Copyright © 1984 by Ray W. Urwin. Used by permission.

### COMMUNION INSTRUCTIONS

*We invite all present to participate in this feast, regardless of where you are on your spiritual journey. Our table is open to all, as this is God's gift to all.*

*To receive the bread, please make a semi-circle around the altar; the ushers will guide you. You may kneel or stand. Cup your hands in front of you to receive the bread. For the wine, you may choose either to get a single-use compostable cup on your way to the altar, or to receive from the common cup. To do so, simply guide the chalice to your lips. If you prefer not to receive wine at all, communion in one kind is just as valid; simply cross your arms over your chest when the wine is offered to you, and the minister will say the words over you and move on.*

*To receive a blessing instead of communion, simply cross your arms over your chest when each element is offered to you.*

*\*\* If you would prefer to have communion brought to you for any reason, simply remain seated and let the usher know when your row is sent. The usher will alert the altar party, who will bring communion directly to you.*

*Hand sanitizer can be found next to the hymnal and prayer books on the chair in front of you.*

### Communion Music – Chris Eisenberg

## Postcommunion Prayer

*Celebrant:* Let us pray

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## Blessing

*Celebrant:*

Bow down before the Lord.

*The people may assume a solemn posture, such as kneeling or bowing their heads for a moment of silence.*

*The Celebrant then prays a solemn prayer over the assembly.*

**People: Amen.**

*Celebrant:*

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen.**

**Closing Hymn   “Christ for the world we sing!”           Hymnal 537**

## Dismissal

*Celebrant:* Go in peace to love and serve the Lord.

**People: Thanks be to God.**

## Postlude



Please join us for coffee hour after the service. The Foley Family is our host today.

***Happy Birthday!***

3-15 Julie Sherwin

3-16 Carleton McKenney

3-16 Elizabeth Moorhead

3-16 Shaun George

***Happy Anniversary!***

There are no anniversaries this week.

The Sanctuary Lamp is given today by Linda Robuck in celebration of her daughter, Kristen's birthday.

## ***Calendar of Events***

- Sunday, Mar. 15***      ***8 am – Holy Eucharist Rite 1***  
***9:00 am – Episcopal 101***  
***10:15 am – Holy Eucharist Rite 2***  
***10:15 am – Teen Bible Study***  
***11:45am – BC Meeting***
- Tuesday, Mar. 17***      ***11am – Witty Knitters***
- Wednesday, Mar. 18***      ***5:30 pm – Lenten Soup Supper***
- Thursday, Mar. 19***      ***12:30 pm - Bible Study***
- Saturday, Mar. 21***      ***8am – Men’s Breakfast at Family Pancake House on Kitsap Way***
- Sunday, Mar. 22***      ***8 am – Holy Eucharist Rite 1***  
***9:00 am – Episcopal 101***  
***10:15 am – Holy Eucharist Rite 2***  
***6:00pm – Youth Group***  
***Loose Plate Offering – Meals on Wheels, Kitsap County***

***The mission of St. Antony’s is to be a loving and welcoming people who worship God,  
grow in Christ, and serve others: Gather, Grow, and Go!***

***St. Antony of Egypt Episcopal Church***

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