

# The Holy Eucharist

February 1, 2026

## 4th Sunday after the Epiphany / Year A

St. Antony of Egypt Episcopal Church

**Celebrant:** The Rev. Hillary Kimsey

**Livestream Producer:** Guy Fulton

**Eucharistic Minister:** Elizabeth Moorhead

**Lector:** Cheryl Wright

Welcome to St. Antony's. Our worship of God is offered both in person and on Facebook livestream at the same time. You may find our livestream at <https://www.facebook.com/saintantony/>. For those worshipping in person, the use of facemasks is optional, and we encourage respect for each person's choice to remain as healthy as possible.

We acknowledge that the Suquamish and S'Klallam people are the traditional stewards of the land on which our buildings stand and we pay our respect to their people and heritage.

### The Salutation

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*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be his kingdom, now and for ever. Amen.**

### Collect for Purity

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. ***Amen.***

### Gloria

**Glory be to God on high,  
and on earth peace, good will towards all.**

**We praise thee we bless thee,  
we worship thee,  
we glorify thee,  
we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.**

**O Lord, the only begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy on us.**

**Thou that takest away the sins of the world,  
receive our prayer.**

**Thou that sittest at the right hand of God the Father  
have mercy on us.**

**For thou only art holy;  
thou only art the Lord;  
thou only, O Christ ,  
with the Holy Ghost,  
art most high in the glory of God the Father. Amen.**

### **Collect of the Day**

*Celebrant:* The Lord be with you.

*People:* **And with thy spirit.**

*Celebrant:* Let us pray.

Almighty and everlasting God, who dost govern all things in heaven and earth: Mercifully hear the supplications of thy people, and in our time grant us thy peace: through Jesus Christ our Lord, who liveth and reigneth with thee and the Oly Spirit, one God, fore ever and ever.

***Amen.***

### **The First Reading – Micah 6:1-8**

Hear what the Lord says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

Hear, you mountains, the controversy of the Lord,  
and you enduring foundations of the earth;

for the Lord has a controversy with his people,  
and he will contend with Israel.

“O my people, what have I done to you?  
In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;  
and I sent before you Moses,  
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the Lord.”

“With what shall I come before the Lord,  
and bow myself before God on high?

Shall I come before him with burnt-offerings,  
with calves a year old?

Will the Lord be pleased with thousands of rams,  
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”

He has told you, O mortal, what is good;  
and what does the Lord require of you

but to do justice, and to love kindness,  
and to walk humbly with your God?

The Word of the Lord.

**Thanks be to God.**

## **Psalm 15**

### **Domine, quis habitabit?**

1 Lord, who may dwell in your tabernacle? \*  
who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, \*  
who speaks the truth from his heart.

3 There is no guile upon his tongue; he does no evil to his friend; \*  
he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, \*  
but he honors those who fear the Lord.

5 He has sworn to do no wrong \*  
and does not take back his word.

6 He does not give his money in hope of gain, \*  
nor does he take a bribe against the innocent.

7 Whoever does these things \*  
shall never be overthrown.

### **The Second Reading – 1 Corinthians 1:18-31**

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age?  
Has not God made foolish the wisdom of the world? For since, in the wisdom of God,  
the world did not know God through wisdom, God decided, through the foolishness of  
our proclamation, to save those who believe. For Jews demand signs and Greeks desire  
wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to  
Gentiles, but to those who are called, both Jews and Greeks, Christ the power of

God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

The Word of the Lord.

**Thanks be to God.**

### **The Gospel – Matthew 5:1-12**

*Celebrant:* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People:* **Glory be to thee, O Lord.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord. **Praise be to thee, O Christ.**

**Homily – The Rev. Hillary Kimsey**

**The Nicene Creed** *(said together, standing as you are able.)*

**We believe in one God, the Father, the Almighty**

**maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,**

**eternally begotten of the Father,**

**God from God, Light from Light, true God from true God, begotten, not made,**

**of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation, he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,**

**and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**And his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,**

**and the life of the world to come. Amen.**

## Prayers of the People

*Leader:* I ask your prayers for those in the Armed Forces of our Country.

*People:* **O Almighty God, shelter the men and women of our armed forces under your mighty wings; steel their courage in times of peril; give them integrity and honor in all they do; grant perseverance and resilience to their families; and heal the wounded warriors. We remember those who are deployed, especially *Nicole Steller*, through Jesus Christ our Lord. Amen.**

**The Prayers of the People** Adapted from *“Hear our Prayer”* by Jon White and Lisa Graves

*Leader*

God of blessings, hear our prayers and act swiftly to answer them as we say, Lord in your mercy, hear our prayer.

Embolden your church, especially Phil, our Bishop and Hillary our Vicar, that they may fearlessly accept its mission to bring light and love into the world without judgements.

Lord in your mercy, **hear our prayer.**

Keep the needs of the most vulnerable foremost in the minds and in the intentions of our elected leaders and public servants, especially, Donald our President and Bob our Governor, that the dignity of all may be preserved and the welfare of our whole nation increased.

Lord in your mercy, **hear our prayer.**

Help us to ground our choices in the concern for those most impacted by climate change and in the need to preserve the abundance of creation for future generations.

Lord in your mercy, **hear our prayer.**

Shower your blessing on this congregation that they might know and feel your presence in their lives and act in the confidence of your love for the good of all.

Lord in your mercy, **hear our prayer.**

Bring wholeness and peace to all who suffer, free them from their afflictions and instill in them the hope of Christ.

Lord in your mercy, **hear our prayer.**

Welcome in your embrace all those who have died and so guide our lives that we may confidently look forward to our reunion with them and you.

Lord in your mercy, **hear our prayer.**

In the World Anglican Communion we give thanks and pray for the Church of England. In Jerusalem and the Middle East we give thanks and pray for St. Paul's Church, Shefa Amr and Israel Elderly People's Home, Amman, Jordan. In our own Diocese of Olympia we give thanks and pray for Resurrection, Bellevue; St. Margaret's, Bellevue; Holy Apostles, Bellevue.

Lord in your mercy, **hear our prayer.**

Let us pray for our own needs and those of others.

*Prayer list is read*

*Silence. The People may add their own petitions.*

Let us pray for peace to come to our hurting world.

**Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as beloved children of one God. For yours is the power and the glory, now and forever. Amen.**

*The Celebrant concludes*

God of true wisdom, who through Christ has given us the model of human life, so inspire us that we might live always in the joy of our salvation and greet with joy the day of your coming. **Amen.**

## **The Peace**

*Celebrant:* The peace of the Lord be always with you.

***People:* And with thy spirit.**

*The clergy and people greet one another in the name of the Lord.*

## **Birthdays and Anniversaries**



***Birthday Prayer*** - Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days of their life; through Jesus Christ our Lord. Amen.

## **Announcements**



You can make a donation to the church by  
scanning the QR code with your phone.

## ***OFFERTORY INSTRUCTIONS***

*The offertory plates are passed throughout the congregation by the ushers. Please accept the plate and pass it all the way down your row. When it comes to you, we invite you to use those few seconds to thank God for the blessings in your life and reflect on how you are giving back. Giving is never an obligation; it's always an invitation! We know that everyone gives as the Spirit leads, and that gifts of time and talent don't fit in the offering plate! We also know that many people give online or by the QR code above. (If so, feel free to place the "I Gave Online" card in the plate as it passes you.) So whether you have something to put in the plate today or not, this moment is just between you and God. If you simply pray "Thank you, God" each time you touch the offering plate, that is a powerful spiritual practice.*

## ***THE HOLY COMMUNION***

*The Celebrant may begin the offertory with a sentence of scripture.*

**The Offertory Sentence, said together**

**All things come of thee, O Lord, and of thine own have we given thee.**

*The people remain standing. The Celebrant faces them and says*

**Celebrant:** The Lord be with you.

**People:** **And with thy spirit.**

**Celebrant:** Lift up your hearts.

**People:** **We lift them up unto the Lord.**

**Celebrant:** Let us give thanks unto our Lord God.

**People:** **It is meet and right so to do.**

*Then, facing the Holy Table, the Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee.

Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Sanctus** (*Spoken*)

**Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*The people kneel or stand as able. Then the Celebrant continues*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to

thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, ourselves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

***People and Celebrant***

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us.

***People:* Therefore, let us keep the feast. Alleluia.**

*The Celebrant may say*

The gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*\*\* Hand sanitizer can be found next to the hymnal and prayer books on the chair in front of you. \*\**

*To receive the bread, please make a semi-circle around the altar behind the railing and in front. You may kneel or stand. Cup your hands in front of you to receive the bread. For the wine, you may choose either to get a single use compostable cup on your way to the altar, or drink from the common cup. To receive a blessing instead of communion, approach the priest with your arms crossed over your chest.*

*\*\* If you would prefer to have communion brought to you for any reason, simply remain seated and let the usher know when your row is sent. The usher will alert the altar party, who will bring communion directly to you.*

*Used communion cups may be placed in one of the bowls on either end of the first row of chairs.*

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

*The Celebrant gives the Blessing*

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. ***Amen.***

**Celebrant:** Alleluia! Go in peace to love and serve the Lord.

**People:** Thanks be to God. Alleluia!

***Happy Birthday!***

2-02 Evelyn Vetere

2-03 John Stockwell

2-04 Lorelei Morelli

2-05 Wendy Fox

2-06 Bennett Allen

2-07 Bonnie Foley

2-07 Debbie Stockwell

2-07 Jean Mackimmie

***Happy Anniversary!***

2-05 Norman & Dolores Perreira

The Altar Flowers are given today by the Floral Ministry.

\*Flowers arranged by ?\*

The Sanctuary Lamp is given today by the Altar Guild.

## ***Calendar of Events***

- Sunday, Feb. 1***      ***8:00 am – Holy Eucharist Rite 1***  
                             ***9:00 am – Episcopal 101***  
                             ***10:15 am – Holy Eucharist Rite 2***  
                             ***10:15 am - Teen Bible Study***
- Thursday, Feb. 4***      ***10:30 am – VBS Team Meeting***  
                             ***12:30 pm – Bible Study***
- Saturday, Feb. 7***      ***2-4pm – Cardmaking Event***
- Sunday, Feb. 8***      ***8:00 am – Holy Eucharist Rite 1***  
                             ***9:00 am – Episcopal 101***  
                             ***10:15 am – Holy Eucharist Rite***  
                             ***11:45 am – BC Meeting***

***The mission of St. Antony's is to be a loving and welcoming people who worship God,  
grow in Christ, and serve others: Gather, Grow, and Go!***

***St. Antony of Egypt Episcopal Church***

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