

# The Holy Eucharist

February 5, 2023

**Fifth Sunday after the Epiphany / Year A, Rite II**

**YOUTH SUNDAY**

St. Antony of Egypt Episcopal Church

Presider: The Rev. Craig Vocelka

Livestream Producer: Guy Fulton

Deacon: The Rev. Bill Thaete

Eucharistic Ministers: Sean Rivers and

Musicians: Mark Westin & John Stockwell

Soren VanAs

Avery and Soren VanAs

Acolytes: Sean Rivers and Nick Carlisle

Laurel Rogers

Welcome to St. Antony's. Our Eucharistic celebration is offered both in person and is livestreamed on Facebook. You will find our livestream at <https://www.facebook.com/saintantony/>. For those worshipping in person, we encourage the use of facemasks and respect for others in our efforts to have people remain as healthy as possible.

Our service includes both a prelude and a postlude offering. We ask that you use this time in quietness to prepare for our celebration of God's unconditional love for each of us and as an opportunity to give thanks as well as show our respect for our musicians.

We have been entrusted to be care takers of this beautiful piece of God's creation. We acknowledge that the Suquamish and S'Klallam people are the traditional stewards of the land on which our buildings stand and we pay our respect to their people and heritage.

## Welcome

### Opening Hymn     *"Praise to the living God"*     Hymnal 372

1. Praise to the living God! All praised be his Name  
who was, and is, and is to be, for ay the same.  
The one eternal God ere aught that now appears:  
the first, the last, beyond all thought his timeless years!
2. Formless, all lovely forms declare his loveliness;  
holy, no holiness of earth can his express.  
Lo, he is Lord of all. Creation speaks his praise,  
and everywhere above, below, his will obeys.
3. His Spirit floweth free, high surging where it will:  
in prophet's word he spoke of old; he speaketh still.  
Established in his law, and changeless it shall stand,  
deep writ upon the human heart, on sea, on land.
4. Eternal life hath he implanted in the soul;  
his love shall be our strength and stay while ages roll.  
Praise to the living God! All praised be his Name  
who was, and is, and is to be, for ay the same.

## Salutation

*The Presider says to the people*

*Presider* Blessed are you, holy and loving One.

*People* You come to your people and set them free.

## Collect for Purity

*Presider*

Almighty God, to you all hearts are open, all desires known and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## Gloria "Brightest and best of the stars of the morning"

Hymnal 117

The musical notation is for a four-part setting of the Gloria. It consists of four staves of music, each with a treble clef and a key signature of three flats (B-flat, E-flat, A-flat). The lyrics are written below the notes. The first staff begins with a common time signature 'C'. The melody is simple and hymn-like, with a focus on the lyrics. The lyrics are: 'I Bright - est and best of the stars of the morn - ing, I dawn on our dark - ness, and lend us thine aid; I star of the east, the hor - i - zon a - dorn - ing, I guide where our in - fant Re - deem - er is laid.'

I Bright - est and best of the stars of the morn - ing,  
I dawn on our dark - ness, and lend us thine aid;  
I star of the east, the hor - i - zon a - dorn - ing,  
I guide where our in - fant Re - deem - er is laid.

## Collect for the Day

The Lord be with you.

**And also with you.**

Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.. **Amen.**

## Transition Prayer for St. Antony's and the Diocese

*Said by all*

**God of Love,**

**You are with us in every transition and change.**

**As we enter into this new era with excitement and even some anxiety,**

**we recall your deep compassion, presence, and abounding love.**

**We thank you for the gifts, talents and skills with which you have blessed us.**

**We thank you for the experiences that have brought us to this moment.**

***We thank you for the work of others that gives breadth and depth to our own work.  
Be with us as we move forward, rejoicing with you and supporting one another.  
We ask this in your Holy Name. Amen***

**The First Reading - Isaiah 58:1-12**

**Luke Rogers**

Shout out, do not hold back!  
Lift up your voice like a trumpet!  
Announce to my people their rebellion,  
to the house of Jacob their sins.  
Yet day after day they seek me  
and delight to know my ways,  
as if they were a nation that practiced righteousness  
and did not forsake the ordinance of their God;  
they ask of me righteous judgments,  
they delight to draw near to God.  
“Why do we fast, but you do not see?  
Why humble ourselves, but you do not notice?”  
Look, you serve your own interest on your fast day,  
and oppress all your workers.  
Look, you fast only to quarrel and to fight  
and to strike with a wicked fist.  
Such fasting as you do today  
will not make your voice heard on high.  
Is such the fast that I choose,  
a day to humble oneself?  
Is it to bow down the head like a bulrush,  
and to lie in sackcloth and ashes?  
Will you call this a fast,  
a day acceptable to the LORD?  
Is not this the fast that I choose:  
to loose the bonds of injustice,  
to undo the thongs of the yoke,  
to let the oppressed go free,  
and to break every yoke?  
Is it not to share your bread with the hungry,  
and bring the homeless poor into your house;  
when you see the naked, to cover them,  
and not to hide yourself from your own kin?  
Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;  
your vindicator shall go before you,  
the glory of the LORD shall be your rear guard.  
Then you shall call, and the LORD will answer;  
you shall cry for help, and he will say, Here I am.  
If you remove the yoke from among you,  
the pointing of the finger, the speaking of evil,  
if you offer your food to the hungry  
and satisfy the needs of the afflicted,

then your light shall rise in the darkness  
and your gloom be like the noonday.

The LORD will guide you continually,  
and satisfy your needs in parched places,  
and make your bones strong;

and you shall be like a watered garden,  
like a spring of water,  
whose waters never fail.

Your ancient ruins shall be rebuilt;  
you shall raise up the foundations of many generations;  
you shall be called the repairer of the breach,  
the restorer of streets to live in.

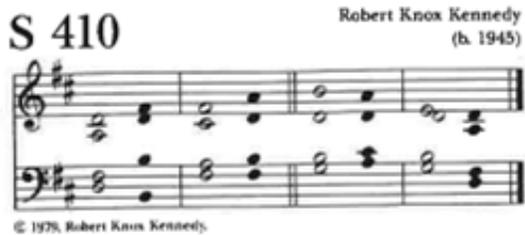
Hear what the Spirit is saying to God's People.

**Thanks be to God.**

**Psalm 112:1-9** *chanted*

*Accompanied by Laurel Rogers*

**Beatus vir**



- 1 Hallelujah! Happy are they who fear the/ Lord \*  
and have great delight in his com/mandments!
- 2 Their descendants will be mighty in the/ land; \*  
the generation of the upright will be/ blessed.
- 3 Wealth and riches will be in their/ house, \*  
and their righteousness will last for/ ever.
- 4 Light shines in the darkness for the up/right; \*  
the righteous are merciful and full of com/passion.
- 5 It is good for them to be generous in/ lending \*  
and to manage their affairs with/ justice.
- 6 For they will never be/ shaken; \*  
the righteous will be kept in everlasting re/membrance.
- 7 They will not be afraid of any evil/ rumors; \*  
their heart is right; they put their trust in the/ Lord.
- 8 Their heart is established and will not/ shrink, \*  
until they see their desire upon their/ enemies.
- 9 They have given freely to the/ poor, \*  
and their righteousness stands fast for ever; they will hold up their head with/ honor.

## The Second Reading - 1 Corinthians 2:1-13

Avery VanAs

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,  
nor the human heart conceived,  
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Hear what the Spirit is saying to God's People

**Thanks be to God.**

### Sequence Hymn

*“I want to walk as a child of the light”*

Hymnal 490

1. I want to walk as a child of the light; I want to follow Jesus.  
God set the stars to give light to the world; The star of my life is Jesus.

Refrain: In him there is no darkness at all; the night and the day are both alike.  
The Lamb is the light of the city of God; shine in my heart, Lord Jesus.

2. I want to see the brightness of God; I want to look at Jesus.  
Clear Sun of righteousness, shine on my path, and show me the way to the Father. *Refrain*
3. I'm looking for the coming of Christ; I want to be with Jesus.  
When we have run with patience the race, we shall know the joy of Jesus. *Refrain*

### The Gospel Reading – Matthew 5:13-20

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People* **Glory to you, Lord Christ.**

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

*Deacon* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

### **Homily – The Rev. Craig Vocelka**

**The Nicene Creed (said together, standing as you are able.)**

**We believe in one God, the Father, the Almighty  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God, begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation, he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**And his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,**

**and the life of the world to come. Amen.**

### **Prayers of the People**

*Leader* I ask your prayers for those in the Armed Forces of our Country.

**O Almighty God, shelter the men and women of our armed forces under your mighty wings; steel their courage in times of peril; give them integrity and honor in all they do; grant perseverance and resilience to their families; and heal the wounded warriors. We remember those who are deployed, especially *Ben Newcomb, Travis Sanger, Nicole Steller and Devon Williamson* through Jesus Christ our Lord. Amen.**

## **Prayer for Ukraine and Russia**

**Dear God, we ask that you be with the people of war-ravaged Ukraine. Give them physical and spiritual strength to withstand the horrors of war; console them in their misery, distress and losses; sustain them in their hope for peace. We ask that you also be with their brothers and sisters in neighboring Russia. Please open their eyes and hearts to the reality of the war and give to all people in both countries the desire to know the Truth that will set them free, and the courage and strength to pursue that Truth. We thank you for all the citizens of the world who value and pursue peace, and we ask that those who made the ultimate sacrifice in this war will not have died in vain. We pray in Jesus' name. Amen.**

## **The Prayers of the People** from "Intercessions for the Christian People"

*Deacon or other leader*

Let us pray for all people, for all nations, and for the church, offering silent prayer as we are bidden.

I ask your prayers for God's church, for all who serve it, for this assembly and for all God's people everywhere. Pray for the church.

*Silence*

I ask your prayers for the good earth, that all people may respect its resources, preserve its future, and enjoy its fruits in their season. Pray for the soil and the sea.

*Silence*

I ask your prayers for the leaders of the nations, that they may act deliberately and dispassionately, and for the good of all. Pray for those who govern.

*Silence*

I ask your prayers for peace, that the peoples of the world may live in safety and without fear. Pray for peace.

*Silence*

I ask your prayers for the wealthy, the free, and the healthy, that they may use their possessions to aid those in need. Pray for compassion among people.

*Silence*

I ask your prayers for the sick, the sorrowing, and those who are alone. Pray for those in any need or trouble.

*Silence*

*Here other intercessions may be offered.*

I ask your prayers for the faithful departed, that God give them eternal rest. Pray for those who have died.

*Silence*

Let us pray for our own needs and those of others.

*Silence. The People may add their own petitions.*

*The Presider concludes*

God of all the living, hear the prayers of your faithful people, and grant our requests. Strengthen us for the tasks you give us, and bring us at last to praise you forever with your saints, through Christ our Lord. **Amen.**

## **Confession of Sin**

*The Deacon or Presider*

Let us confess our sins to God.

*Silence may be kept.*

*Minister and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent.**

**For the sake of our Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

### **Absolution**

*The Presider stands and says*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Peace**

*Presider:* The peace of the Lord be always with you.

*People:* **And also with you.**

*The clergy and people greet one another in the name of the Lord, maintaining a respectful distance.*

### **Announcements**

#### **Birthdays and Anniversaries**

***Birthday Prayer* - Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passes understanding abide all the days of their life; through Jesus Christ our Lord. Amen.**

## **THE HOLY COMMUNION**

*The Presider may begin the Offertory with a sentence of scripture. The offering plates are placed on the altar as a sign of our self-offering to God and our promise to give faithfully to the church.*

### **Offertory Hymn “Lift every voice and sing” LEVAS 1 (insert)**

Lift every voice and sing; 'Til earth and heaven ring  
Ring with the harmonies of Liberty  
Let our rejoicing rise; high as the list'ning skies  
Let it resound, loud as the rolling sea.

Sing a song, full of the faith that the dark past has taught us  
Sing a song, full of the hope that the present has brought us  
Facing the rising sun of our new day begun  
Let us march on, 'til victory is won.

Stony the road we trod; bitter the chastening rod,  
Felt in the days when hope unborn had died;  
Yet with a steady beat; have not our weary feet  
Come to the place, for which our fathers sighed.

We have come; over a way that with tears has been watered  
We have come, treading our path though the blood of the slaughtered...  
Out from the gloomy past, till now we stand at last  
Where the white gleam, of our bright star is cast.

God of our weary years; God of our silent tears,  
Thou who hast brought us thus far on the way;  
Thou who hast by thy might; let us into the light,  
Keep us forever in the path.....we pray.

### **The Doxology is sung**

***Praise God from whom all blessings flow; praise him, all creatures, here below; praise him above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.***

### **The Great Thanksgiving**

#### **Eucharistic Prayer C**

*Please stand as you are able.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

*Presider*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us, By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, Holy, Holy Lord, God of power and might,  
 Holy, Holy, Holy Lord, God of power and might.  
 heaven and earth are full, full of your glory.  
 Hosanna in the highest. Hosanna in the highest.  
 Blessed is he who comes in the name of the Lord.  
 Hosanna in the highest. Hosanna in the highest.**

*The Presider continues*

And so, Father, we who have been redeemed by him, and made new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection,  
 as we await the day of his coming.**

*The Presider continues*

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN**

**The Lord's Prayer** *(spoken)*

*Presider* And now, as our Savior Christ has taught us, we now say,

**Our Father in heaven, hallowed be your Name,  
 your kingdom come, your will be done, on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins as we forgive those who sin against us.  
 Save us from the time of trial, and deliver us from evil.  
 For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

Fraction Rite *(sung)*

Hymnal S-154

**Alleluia, alleluia, alleluia. Christ our Passover is sacrificed for us;  
 therefore let us keep the feast. Alleluia, alleluia, alleluia.**

*We invite all present to participate in this feast, regardless of where you are on your spiritual journey. Our table is open to all, as this is God's gift to all.*

*We are serving the cup individually. After receiving the bread, the body of Christ, if you like, please take a cup*

from the tray and then the Eucharistic Minister will serve you the wine, the blood of Christ. Please leave your cup at the baptismal font so we can properly dispose of them.

If needed, we do have gluten free communion wafers available. Just ask as you approach the priest.

If you do not wish to receive the Eucharist but would like a blessing, please approach the priest with your hands crossed over your chest.

We ask that you remember to use the hand sanitizer as you come to receive the Holy Eucharist.

Those who are participating by livestream may say the following prayer.

### **Prayer for Spiritual Communion**

*From A Prayer Book for the Armed Forces*

In union, O Lord, with your faithful people at every altar of your Church, where Holy Eucharist is now being celebrated, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory. And since we cannot receive you today in the Sacrament of your Body and Blood, we beseech you to come spiritually into our heart. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

### **Communion Hymn “This little light of mine”**

This little light of mine, I’m gonna let it shine 3x  
Let it shine, let it shine, let it shine.

Jesus gave it to me, I’m gonna let it shine. 3x  
Let it shine, let it shine, let it shine.

Everywhere I go; I’m gonna let it shine. 3x  
Let it shine, let it shine, let it shine.

Let it shine all over the world, I’m gonna let it shine. 3x  
Let it shine, let it shine, let it shine.

Let it shine till Jesus comes, I’m gonna let it shine. 3x  
Let it shine, let it shine, let it shine.

This little light of mine, I’m gonna let it shine. 3x  
Let it shine, let it shine, let it shine.

### **Communion Music**

**Laurel Rogers**

### **Postcommunion Prayer**

*Presider:* Let us pray

**God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. Amen.**

### **The Blessing**

1. We are marching in the light of God. We are marching in the light of God.  
We are marching in the light of God. We are marching in the light of God.  
We are marching, marching, We are marching, oh Ohhh,  
We are marching in the light of God.  
We are marching, marching, We are marching, oh Ohhh,  
We are marching in the light of God.
2. We are living in the love of God. We are living in the love of God.  
We are living in the love of God. We are living in the love of God.  
We are living, living, we are living, Oh Ohhh  
We are living in the Love of God.  
We are living, living, we are living, Oh Ohhh  
We are living in the Love of God.
3. We are moving in the power of God. We are moving in the power of God.  
We are moving in the power of God. We are moving in the power of God.  
We are moving, moving, we are moving, Oh Ohhh,  
We are moving in the power of God.  
We are moving, moving, we are moving, Oh Ohhh,  
We are moving in the power of God.
4. We are singing for the Lord is our light. We are singing for the Lord is our light.  
We are singing for the Lord is our light. We are singing for the Lord is our light.  
We are singing, singing, We are singing, Oh Ohh,  
We are singing for the Lord is our light.  
We are singing, singing, We are singing, Oh Ohh,  
We are singing for the Lord is our light.

**The Dismissal**

*Deacon* Let us go forth in the name of Christ.

**People** Thanks be to God.

***Happy Birthday!***

5th Joan Willoughby

7th Bonnie Foley

Debbie Stockwell

Jean Mackimmie

***Happy Anniversary!***

5th Norman & Dee Perreira

The Altar Flowers are given today by Norman & Dee Perreira in celebration of their 29th wedding anniversary.

\*Flowers are arranged by Carrie Rivers\*

The Sanctuary Lamp is given today by the Altar Guild.

Coffee Hour is being hosted by the Youth Group.

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