

# THE HOLY EUCHARIST

January 29, 2023

**Fourth Sunday after the Epiphany / Year A, Rite I**

St. Antony of Egypt Episcopal Church, Silverdale, WA

Presider: The Rev. Hillary Kimsey

Livestream Producer: Guy Fulton

Welcome to St. Antony's. Our worship of God is offered both in person and on Facebook livestream at the same time. You may find our livestream at <https://www.facebook.com/saintantony/>. For those worshipping in person, we will use face masks during the service and observe social distancing.

We acknowledge that the Suquamish and S'Klallam people are the traditional stewards of the land on which our buildings stand and we pay our respect to their people and heritage.

## **Introit**

### **The Salutation**

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*Presider* Blessed be God: Father, Son, and Holy Spirit.

**And blessed be his kingdom, now and for ever. Amen.**

### **Collect for Purity**

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*Presider* Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

## **Gloria**

**Glory be to God on high,  
and on earth peace, good will towards all.**

**We praise thee we bless thee,  
we worship thee,  
we glorify thee,  
we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.**

**O Lord, the only begotten Son, Jesus Christ.  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy on us.**

**Thou that takest away the sins of the world,  
receive our prayer.**

**Thou that sittest at the right hand of God the Father  
have mercy on us.**

**For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,  
with the Holy Ghost,  
art most high in the glory of God the Father. Amen.**

## **Collect of the Day**

*Presider* The Lord be with you.

*People* **And with thy spirit.**

*Presider* Let us pray.

Almighty and everlasting God, who dost govern all things in heaven and earth: Mercifully hear the supplications of thy people, and in our time grant us thy peace; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

## **Transition Prayer for St. Antony's and the Diocese**

*Said by all*

**God of Love,**

**You are with us in every transition and change.**

**As we enter into this new era with excitement and even some anxiety,  
we recall your deep compassion, presence, and abounding love.**

**We thank you for the gifts, talents and skills with which you have blessed us.**

**We thank you for the experiences that have brought us to this moment.**

**We thank you for the work of others that gives breadth and depth to our own work.**

**Be with us as we move forward, rejoicing with you and supporting one another.**

**We ask this in your Holy Name. Amen.**

## **The First Reading - Micah 6:1-8**

Hear what the LORD says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,  
and you enduring foundations of the earth;  
for the LORD has a controversy with his people,  
and he will contend with Israel.

“O my people, what have I done to you?

In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;  
and I sent before you Moses,  
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,  
and bow myself before God on high?

Shall I come before him with burnt-offerings,  
with calves a year old?  
Will the LORD be pleased with thousands of rams,  
with tens of thousands of rivers of oil?  
Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?"  
He has told you, O mortal, what is good;  
and what does the LORD require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?

## **Psalm 15**

### *Domine, quis habitabit?*

- 1 LORD, who may dwell in your tabernacle? \*  
who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, \*  
who speaks the truth from his heart.
- 3 There is no guile upon his tongue; he does no evil to his friend; \*  
he does not heap contempt upon his neighbor.
- 4 In his sight the wicked is rejected, \*  
but he honors those who fear the LORD.
- 5 He has sworn to do no wrong \*  
and does not take back his word.
- 6 He does not give his money in hope of gain, \*  
nor does he take a bribe against the innocent.
- 7 Whoever does these things \*  
shall never be overthrown.

## **The Second Reading - 1 Corinthians 1:18-31**

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and

the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

### **The Gospel - Matthew 5:1-12**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

### **Homily – The Rev. Hillary Kimsey**

**The Nicene Creed (said together, standing as you are able.)**

**We believe in one God, the Father, the Almighty  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God, begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation, he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
And his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### **Prayers of the People**

*Leader* I ask your prayers for those in the Armed Forces of our Country.

*People* **O Almighty God, shelter the men and women of our armed forces under your mighty wings; steel their courage in times of peril; give them integrity and honor in all they do; grant perseverance and resilience to their families; and heal the wounded warriors. We remember those who are deployed, especially *Ben Newcomb, Travis Sanger, Nicole Steller and Devon Williamson*, through Jesus Christ our Lord. Amen.**

### **Prayer for Ukraine and Russia**

**Dear God, we ask that you be with the people of war-ravaged Ukraine. Give them physical and spiritual strength to withstand the horrors of war; console them in their misery, distress and losses; sustain them in their hope for peace. We ask that you also be with their brothers and sisters in neighboring Russia. Please open their eyes and hearts to the reality of the war and give to all people in both countries the desire to know the Truth that will set them free, and the courage and strength to pursue that Truth. We thank you for all the citizens of the world who value and pursue peace, and we ask that those who made the ultimate sacrifice in this war will not have died in vain. We pray in Jesus' name. Amen.**

### **The Prayers of the People**

**from "Intercessions for the Christian People"**

*Deacon or other leader*

For the church and for all your creation, we pray to you, Lord God, saying: Lord, hear our prayer.

Blessed are the poor in spirit; theirs is the dominion of heaven. And so we pray: Unite the church, guide all its leaders; let us show the world the love of Jesus.

**Lord, hear our prayer.**

Blessed are the pure in heart; they shall see God. And so we pray: Give your people the will and the courage to value your service above all lesser goods.

**Lord, hear our prayer.**

Blessed are the peacemakers, God's own children. And so we pray: Bring peace to the world, security to the nations, and safety to the cities.

**Lord, hear our prayer.**

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. And so we pray: Remove from us prejudice and injustice, and raise up among us those who will labor for the good of all whom you have made. **Lord, hear our prayer.**

Blessed are the merciful, for they shall obtain mercy. And so we pray: Be present with those who are sick, imprisoned, or in distress; make us quick to love and serve our neighbors.

**Lord, hear our prayer.**

*Here other intercessions may be offered.*

Rejoice and be glad, their reward is great in heaven. And so we pray: We remember all who have witnessed to your love with their lives; give us strength to testify to Christ before the rulers of our own day.

**Lord, hear our prayer.**

Let us pray for our own needs and those of others.

*Silence. The People may add their own petitions.*

*The Presider concludes*

Almighty God, you have taught us to do justice, love kindness, and practice humility before you; make our faith active in love, that your name may be praised and your people served throughout the earth, through Christ our Lord. **Amen.**

### **The Confession and Absolution**

*Deacon* Let us humbly confess our sins unto Almighty God.

*Silence may be kept*

*Minister and People* **Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.**

*The Priest stands and says*

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

**The Peace** *The clergy and people greet one another in the name of the Lord, maintaining a respectful distance.*

### **Birthdays and Anniversaries**

**Birthday Prayer – Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful;**

raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days of their life; though Jesus Christ our Lord. Amen.

**Announcements**

***THE HOLY COMMUNION***

*The presider may begin the offertory with a sentence of scripture.*

*The offering plates are placed on the altar as a sign of our self-offering to God and our promise to give faithfully to the church.*

**The Offertory Sentence, said together**

**All things come of thee, O Lord, and of thine own have we given thee.**

**Eucharistic Prayer I**

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*The people remain standing. The Presider faces them and says*

*Presider* The Lord be with you.

***People* And with thy spirit.**

*Presider* Lift up your hearts.

***People* We lift them unto the Lord.**

*Presider* Let us give thanks unto our Lord God.

***People* It is meet and right so to do.**

*Then, facing the Holy Table, the Presider proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. But chiefly are we bound to praise thee for the glorious resurrection of thy Son Jesus Christ our Lord; for he is the very Paschal Lamb, who was sacrificed for us, and hath taken away the sin of the world; who by his death hath destroyed death, and by his rising to life again hath won for us everlasting life.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Sanctus** (*Spoken*)

**Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*The people stand or kneel as able. Then the Presider continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, Oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he brake it, and gave it to his disciples, saying, "Take, eat: This is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye, all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. *AMEN*

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Presider*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

*The Presider breaks the consecrated Bread. A period of silence is kept.*

*Presider* Alleluia, Christ our Passover is sacrificed for us;

*People* **Therefore let us keep the feast. Alleluia.**



*The Presider may say*

The gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*We invite all present to participate in this feast, regardless of where you are on your spiritual journey. Our table is open to all, as this is God's gift to all.*

*We are serving the cup individually. After receiving the bread, the body of Christ, if you like, please take a cup from the tray and then the Eucharistic Minister will serve you the wine, the blood of Christ. Please leave your cup at the baptismal font so we can properly dispose of them.*

*If needed, we do have gluten free communion wafers available. Just ask as you approach the priest.*

*If you do not wish to receive the Eucharist but would like a blessing, please approach the priest with your hands crossed over your chest.*

*We ask that you remember to use the hand sanitizer as you come to receive the Holy Eucharist.*

Those who are participating by livestream may say the following prayer.

**Prayer for Spiritual Communion** From A Prayer Book for the Armed Forces

In union, O Lord, with your faithful people at every altar of your Church, where Holy Eucharist is now being celebrated, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory. And since we cannot receive you today in the Sacrament of your Body and Blood, we beseech you to come spiritually into our heart. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

After Communion, the Presider says

Let us pray.

***Presider and People: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.***

**The Priest gives the blessing**

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. Amen.

*Deacon* Let us go forth in the name of Christ. ***People* Thanks be to God.**

***Happy Birthday!***

Feb. 3<sup>rd</sup> John Stockwell

***Happy Anniversary!***

There are no anniversaries this week.

The Altar Flowers and Sanctuary Lamp are given today by Chris Crowson in celebration of his daughter, Catherine's birthday.

\*Flowers arranged by Loretta McGinley\*

The Sanctuary Lamp is given today by the Altar Guild.

**Project Linus** will meet today in the Gathering Room after the coffee hour, about noon. Project Linus makes new blankets and quilts for all ages of children who are going through illness or traumatic situations. We welcome help from anyone interested in plying needle, thread, scissors, crochet hooks or knitting needles. Please stop in and see what we are about.

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