

Glad Tidings

August 2021



ST. ANTONY OF EGYPT EPISCOPAL CHURCH
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The Rev. Bill Fulton, Vicar
The Rev. Bill Thaete, Deacon



Vicar's Voice

The word 'preacher' has bad connotations; it sounds moralistic, self-righteous, and judgmental. When people call me 'preacher,' I cringe just a little. But in my journey as a preacher I've come a long way.

When I first felt called to become a priest, I didn't see myself primarily as a preacher. In fact, I was quite intimidated by the challenge of standing in front of a congregation every Sunday to preach the Word of God. They say that fear of public speaking is the most common phobia and I can understand why. After 26 years of preaching, I still get nervous when I think about the next sermon.

In our preaching class at seminary, I struggled with sermon writing until I was assigned a passage from Romans 12 to preach on: "Let love be genuine." When I thought about how much I genuinely cared for my seminary classmates, the passage came alive for me and the sermon almost wrote itself. It was the beginning of my journey as a preacher.

In 26 years of preaching, I've had some real clunkers. At times, the crush of pastoral duties, family obligations, administrative anxieties, and last-minute interruptions have left me with no gas in the tank. On other occasions the sermon has come to me like a gift from above, fully formed and effortlessly given.

I've heard that preaching is one of the most important factors when newcomers to church decide to return or not. People decide on the basis of the sermon whether this church and this preacher is a good fit for them. Preaching is also probably the most effective form of pastoral care and church formation because the preacher can touch the hearts of so many at once. So it's important not to stint the time and effort needed for sermon preparation.

It's easy to let sermon preparation slide during the week. I do best when I start on Monday, reading the texts over leisurely to see what strikes a chord. As the week goes on, I do more research and let the text settle in my mind. Often an idea will percolate up and form the basis for the sermon. Saturday is sermon day, when ink must hit the paper and the sermon must come together. An early bedtime is a must.

I write my sermons in longhand in a big spiral notebook, then I transfer the sermon to the card I hold while preaching. This helps me create an oral sermon, as opposed to a written sermon. On Sunday morning before church I speak the sermon out loud several times so I can get the phrases in my mind and on my tongue.

At one point several years ago, I decided I wanted to become a better preacher. I studied the textbook *Preaching*,

Article continues on next page

*The mission of St. Antony's is to be a loving and welcoming people
who worship God, grow in Christ, and serve others.
Gather, Grow, and Go!*

Vicar's Voice continued ..

written by Dr. Fred Craddock, foremost professor of preaching in America. I read and re-read it, underlined it, dog-eared it and half-memorized it. I studied his other books and his sermons, which are brilliant. I went to a preaching conference in Atlanta, to workshops in our diocese, and I listened to sermons online. I listened to my own recorded sermons to critique them.

My biggest area of growth has been to become a more authentic preacher. As a young preacher, I tried to say what I thought was expected of me. I wanted to be theologically correct and I wanted to say what an Episcopal priest ought to say. Over time I have tried to be more authentic and speak from my own convictions.

Because stories are the best way to communicate, and because the Bible is largely composed of stories, I've tried to use storytelling as the main way I communicate the Gospel. A good story is fun to tell, and fun to listen to.

They say that 86% of communication is non-verbal, so I've tried to become more relaxed and open as a speaker; to speak with my body, my posture, my gestures, and my facial expressions. I've tried to bring variety and creativity to my sermons in my attempt to communicate the Gospel of Christ. No matter how much progress I've made, though, it's still plain hard work to write a sermon and deliver it.

The purpose of preaching is to make the Biblical text come alive in the mind and heart of the congregation. To do that, the preacher has to listen carefully to the text and also listen to the lives of the people. It's been a privilege for me to do that listening, and to try to make the word of God come alive.

Bill

Nick Nickerson's Memorial

Saturday, August 7 at 2 pm.

Please bring finger foods for the reception if you can.

Memorial Committee Meeting

There will be a meeting of the Memorial Committee at 10:00 on Tuesday, August 17. All interested persons are welcome to attend.

Concert

Sunday, August 1st at 4:00 pm

Henry Nordhorn graduated this Spring with honors from CWU with a performance degree in French Horn. He has been accepted into the Master's program at the prestigious San Francisco Conservatory where he will be in attendance this Fall. Henry will be joined by Chris Eisenberg in performance of horn/piano music at St. Antony's on Sunday, August 1st at 4:00.

Parish Life

Our events thus far have been a great way for our church to reconnect. Parish Life welcomes you and your family to all future events!

Our next event, "Western Themed Potluck"

Saturday, August 21 at 5:00 pm.

Come in your best western/cowboy look and bring a dish to share!



Chelsea Reeder, Parish Life Co-Commissioner

A Contemplative Quandary!

Well, St. Antony's is beginning to reopen... and so my friends, where do we go from here?

As you may know, the Contemplative Centering Prayer Service had to be put on hold due to pandemic requirements. Meanwhile we've lost most of our active participants who've moved away... and now our beloved vicar, our most supportive resource will be retiring. This in mind, I'm wondering if rather than going back to the usual Contemplative Service, we might just get together with some of our regular St. A folks who are experiencing a mutual curiosity about how our faith is evolving through these mind boggling global challenges.

We would all come with a desire to learn more about our inner Christ connection that has guided us thus far and should steer us to the answers we seek. ...After all, that's what Contemplation is all about... opening our hearts to a Higher Spirit of Divine Consciousness deep inside each one of us. We only have to quieten our minds and listen. Call it *being mindful* of our inner knowing, listening to *the still small voice* that gets camouflaged by our ever intruding monkey minds.

Well, it just so happens that Loretta McGinley, has been using her isolation time to participate in an in-depth, on-line study about *Mindfulness*, as influenced by ancient Zen Buddhism practices. Perfect! A new source!! And, as for me, well I've been continuing my unknown years of study on Christian Contemplative practices, very close to mindfulness, and which in fact have roots in the teachings of our 3rd Century desert fathers... St. Antony of Egypt in particular!

Would you consider joining us on Sunday, September 8th in the nave of the church? We will meet at 4:30 in the afternoon for a time of sharing, learning and evolving. Thankfully, our dear departing Vicar Bill is planning to meet with us... and perhaps to bring his guitar for an opening chant to help get us in the mood and off to a good start.



Hope to see you then!
Carolyn Sorrell

Growing in the Word *by Esther Osborne*

A part of the task of a church seeking a new Vicar is to prepare a parish profile: a written statement of who we are as a congregation of the faithful. It is not the priest who prepares this document; it is we, the laity, who describe who we are and how we live out our mission as followers of Christ. We have built a new church building, we have established ourselves in this community, and we have busied ourselves with the Work of the Church. Now what?

Once there was a study group between the 8 a.m. service and the 10:15—in fact I was told that the service time was moved to 10:15 in order to accommodate the 9 a.m. class. How many would be interested in beginning a 9 a.m. class in September? One of the richest experiences of my parish life was meeting for several years with a lay-led Bible study, utilizing the excellent resource materials provided by Seattle Pacific University, which has a text and commentary for every book in the Bible. The books are short, clearly written, and cheap, so every member had one. We took turns, each leading one Sunday. Gospels in the fall, Hebrew scriptures in winter, letters of Paul and others in the spring. From that class developed a bonded group that led others in the congregation toward richer engagement with The Way, which was the beginning of what we call “church”.

I would love to meet with those of you who would like to be a part of a study group like this. Biblical scholarship has richly illuminated the scriptures and the culture of the early church. Resource materials are available and easy to access. I would like to meet with those of you who are interested on Sunday, August 8 at 9 a.m. Please let me know of your interest: I am in the church directory under Christensen, Chris, and I appreciate emails or texts on the cell phone listed. Thanks.

Esther Osborne, Faith Formation Co- Commissioner

HOME AID BREAD

In times past in the early part of the summer it was "spring cleaning" time for many households. The house was cleaned and dusted, beds stripped of coverings and aired for the entire day, rugs shaken outside and left out in the open air all day long, floors mopped and polished, windows washed on both sides, chimney cleaned, and brass door handles polished. Even the children were given tasks of responsibility to show their respect for the family domain. This also helped to mentally put things in the past and move on into the newness of the year ahead. Sort of a clean start.



Here is some fresh air and sunshine for us to flush out our minds from possible fragments of debris from last year's struggles. It is an adaptation from our Book Of Common Prayer.

O God, the creator and preserver of all mankind, we humbly beseech thee for all sorts and conditions of men; that thou wouldst be pleased to make thy ways known unto them, thy saving health unto all nations. More especially we pray for thy holy Church universal; that it may be so guided and governed by thy good Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in goodness all those who are in any ways afflicted or distressed, in mind, body, or estate; {especially those for whom our prayers are desired}; that it may please thee to comfort and relieve them according to their several necessities, giving them patience under their sufferings, and a happy issue out of all their afflictions. Amen.

BCP, page 814 #2

Tovi Andrews

Outreach

Last month St Antony's Outreach enjoyed learning about the Kathleen Sutton Fund, a local organization that helps with transportation costs to medical appointments for women undergoing cancer treatment. Elizabeth Flagg helped coordinate a Zoom meeting with Valerie Rotmark, and the Outreach team agreed to make a \$400 donation to support the good work they do.

A \$100 gift certificate was provided to the Kinship Caregiver family our church has 'adopted' this year through Kitsap Community Resources. We've received feedback this extra support has been much appreciated by a local great-grandmother on a fixed income, raising her 3 year old great-granddaughter.

Sylvia Campbell helped coordinate speakers from Coffee Oasis during both church services on 16 July. Daniel Kluth and Chase shared history about their ministry to youth, and told stories about how Coffee Oasis has transformed lives. St Antony's is supporting the Coffee Oasis Back to School Supply Drive: 12 July - 16 August. Please make a donation to help homeless and at risk Kitsap youth ages 13-25. Items needed: new shoes, jackets, new backpacks, planners, notebooks, pens and pencils, lined paper, calculators, 3 ring binders, tab dividers. There is a bin to collect items in the narthex. Your support will make a real difference for local at risk youth.

Outreach is looking forward to supporting the Seafarer's Mission this fall - more information to come.

Our next Outreach meeting will be via Zoom on 10 August at 7 pm. All are invited to be part of our Outreach Team; an invitation will be sent the morning of the meeting.

Blessings,

Loretta

BC Outreach Co-Commissioner



PROJECT LINUS

What is it? Project Linus is a nationwide, non-profit organization that provides blankets to kids who need the comforting touch of a sewn, knitted, or crocheted blanket that is lovingly hand-made.

Who is it? Claudia's Kids—Kitsap County Chapter of Project Linus. We support military children, YMCA kids, the Coffee Oasis, Backpack Brigade, County Sheriff and local police needs.

Where and When?

We gather at Saint Antony's on the last Sunday of the month, from 12:30-4:00 p.m.

Snacks & water are provided.

Come find out what we're about!

We've got fabric galore;

Thread, scissors, yarn & more!

You don't need to have sewing experience. There are plenty of jobs for everyone from novice to expert. Bring your sewing machine, knitting needles or crochet hooks—or just come!

And plan on coming to the August "issue" of Claudia's Kids to check out our Fabric, Etc. Sale! You'll be sew pleased.

P.S. We would love our Witty Knitters to come and join us!

Carole Nau

Jason Wentworth's Eagle Scout Court of Honor

Sunday 8/8/21 at 3 pm at the church.

Please come and celebrate Jason's achievement. His project was building a picnic area in the woods on the church grounds for youth or anyone else who tends to make a lot of noise. There will be food after the ceremony and Jason will be happy to show off his project.

All are welcome.



A Note from Kristen & Thomas

Thomas and I are back in the Pacific Northwest! We are excited to be here for a couple of months to take advantage of the rest of the summer here. The primary reason for being up here is for our wedding on August 28th in our home church. We're excited and looking forward to our big day.

We want everyone to be able to attend our wedding, but due to COVID restrictions we are limited on attendance. We will be having the ceremony livestreamed on Facebook for those whom don't receive an invitation to attend physically. The ceremony is at 2:00pm on August 28th. You, whom we consider as part of our St. Antony's church family, are all very important to us.

We will be here until September 12th, and hope to see each and every one of you.

Kristen and Thomas



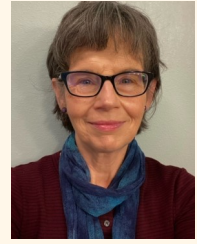
Meet your Bishop's Committee



Peter Stockwell
Bishop's Warden



Penny Whitney
People's Warden
Pastoral Care/LEV



Loretta McGinley
Outreach



Julie Sherwin
Faith Formation



David Peterson
Environment
Parish Life



Esther Osborne
Faith Formation



Chelsea Reeder
Communications
Parish Life



Emily Nickerson
Welcoming



Dolores Perreira
Clerk of the BC
Outreach



John Stockwell
New Facilities

Whenever you have a need or concern, please
talk to one of them. They're here to help.



August Birthdays

5	<i>Chris Christensen</i>
6	<i>Ashton Scalf</i>
8	<i>Sarah Rogers</i>
	<i>Allison Carlson</i>
11	<i>Suzanne Brock</i>
15	<i>Kate Zabinski</i>
22	<i>Tovi Andrews</i>
23	<i>Marj Zantek</i>
29	<i>Carmen Morris</i>
30	<i>Aina Zabinski</i>



August Anniversaries

2	<i>Dave & Jan Peterson</i>
7	<i>Michael & Amy Wentworth</i>
16	<i>Pete & Carmen Morris</i>
22	<i>Aaron & Stacey Scalf</i>
	<i>Ray & Elizabeth Flagg</i>
23	<i>Steve & Betty Fabry</i>

Deadline for the September Glad Tidings is **Tuesday, August 24th** at 10 am.
Please send all submissions to:
stantonysilverdale@gmail.com. Thank you.

Financial Report not available this month.

August 2021 Schedule					
JOB	August 1 Tenth Sunday after Pentecost Proper 13	August 8 Eleventh Sunday after Pentecost Proper 14	August 15 Twelfth Sunday after Pentecost Proper 15	August 22 Thirteenth Sunday after Pentecost Proper 16	August 29 Fourteenth Sunday after Pentecost Proper 17
EM 8 am	Donna Hilton	Ruth Lindstrum	Elizabeth Moorhead	Donna Hilton	Elizabeth Moorhead
LC/OT & NT 8 am	Norma Tipton	Donna Hilton	Ruth Lindstrum	Norma Tipton	Ruth Lindstrum
GREETER 8 am					
EM 10:15 am	Cris McCarty	Lee Halkias	Peter Stockwell	Lee Halkias	Cris McCarty
LC/OT 10:15 am	Stu Smith	Michael Wentworth	Jim Foley	Stu Smith	Jim Foley
LC/NT 10:15 am	Sarah Rogers	Cris McCarty	Michael Wentworth	Sarah Rogers	Elizabeth Flagg
ACOLYTES 10:15 am					
GREETER 10:15 am					
USHER 10:15 am	Loretta McGinley Esther Osborne	Dave Peterson Peter Stockwell	Barbara Hart Loretta McGinley	Carol Nau Linda Robuck	Peter Stockwell Dave Peterson
COUNTERS					
COFFEE HOUR	Sarah Rogers	Barbara Hart	Amy & Christina Wentworth	Carrie Rivers & Jane Stockton	Carol Wedeven
Eucharistic Visitors					
BPod	Loretta McGinley	Peter Stockwell	Loretta McGinley	Esther Osborne	
1st LESSON	2 Samuel 11:26-12:13a	2 Samuel 18:5-9, 15, 31-33	1 Kings 2:10-12; 3:3-14	1 Kings 8:[1, 6, 10-11], 22-30, 41-43	Song of Solomon 2:8-13
PSALM	Psalms 51:1-13	Psalms 130	Psalms 111	Psalms 84	Psalms 45:1-2, 7-10
2nd LESSON	Ephesians 4:1-16	Ephesians 4:25-5:2	Ephesians 5:15-20	Ephesians 6:10-20	James 1:17-27
GOSPEL	John 6:24-35	John 6:35, 41-51	John 6:51-58	John 6:56-69	Mark 7:1-8, 14-15, 21-23

Roster of Volunteers for Services If you cannot serve on your assigned Sunday, please call someone from this list. (A strike through a name means they are not available now but will be back.)					
LECTORS	EUCCHARISTIC MINISTERS	GREETERS	COUNTERS	USHERS	ACOLYTES
8 am	8 am	8 am	Bill Cleveland A	Chris Crowson	Carleton M.
Donna Hilton	Donna Hilton	Donna Hilton	Chris Crowson B	Ray Flagg	Cris McCarty
Ruth Lindstrum	Ruth Lindstrum	Darrow Lindstrum	Jim Foley A	Dave & Jan Peterson	Christina M.
Elizabeth Moorhead	Elizabeth Moorhead	Pam Morton	Maggie Scott B	Dave & Carolyn Sorrell	Chelsea R.
John Teller	Bill Reeder	John & Jane Teller	Norma Tipton B	Mark Westin	Laurel R.
Norma Tipton	John Teller		David Wedeven B	Barb Hart - Substitute	Mackenzie W.
			Heidi Feenstra-Wilson A		
			Marj Zantek B	Esther Osborne	
10 am	10 am	10 am		Loretta McGinley	
Elizabeth Flagg	Lee Halkias	Suzanne Brock		Peter Stockwell	
Jim Foley	Cris McCarty	Elizabeth Flagg	A - computer	Carol Nau	
Cris McCarty	Chelsea Reeder	Liz Haney	B - non computer	Linda Robuck	
Sarah Rogers	Peter Stockwell	Carole Nau			
Stu Smith		Malcolm & Sylvia Campbell			
Michael Wentworth					

August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8 am Holy Eucharist 10:15 am Holy Eucharist 4 pm Henry Nordhorn / Chris Eisenberg Concert	2	3	4	5 Noon Vicar's Bible Study - Zoom	6 Vicar's Day Off	7 2 pm Nick Nickerson's Memorial 10-3 Quilt Group Gathering Room
8 8 am Holy Eucharist 10:15 am Holy Eucharist 3 pm Jason Wentworth Eagle Court of Honor @ St. A's	9	10 11 am Witty Knitters (Ruth's house) 7 pm Outreach Mtg.	11	12 I ____ High School	13 Vicar's Day Off Reunion ____	14 _____
15 8 am Holy Eucharist 10:15 am Holy Eucharist _____ 	16	17 10 am Memorial Committee Mtg. 1 pm Worship Planning Mtg.	18	19 Noon Vicar's Bible Study - Zoom 6:30 pm Bishop's Committee Meeting	20 Vicar's Day Off	21
22 8 am Holy Eucharist 10:15 am Holy Eucharist	23	24 10 am Newsletter Deadline	25	26 Noon Vicar's Bible Study - Zoom	27 Vicar's Day Off	28 2 pm Thomas & Kristen's Wedding By invitation only.
29 8 am Holy Eucharist 10:15 am Holy Eucharist 12:30-4 Project Linus Gathering Room	30	31				

Retirement Dinner 9/24
Stewardship Banquet w/the Bishop 10/21

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