## Glad Tidings

June 2020



ST. ANTONY OF EGYPT EPISCOPAL CHURCH 11885 Old Frontier Road dress: P.O. Box 2822. Silverdale. WA 98383 360-698-055

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The Rev. Bill Fulton, Vicar

The Rev. Bill Fulton, Vicar The Rev. Bill Thaete, Deacon



#### Vicar's Voice

After two months of the coronavirus shutdown, we're getting pretty good at doing online worship. Every Sunday three of us clergy are joined by our musician, Chris, and our videographer, Guy, and we livestream our worship of God so that everyone in our parish can be together virtually. I think most of us have adjusted to this way of worship, and there are some good things to appreciate. Having coffee during church, for one thing.

But I miss being together in person. There's no substitute for simply being in the same room together and participating in the liturgy of the Prayer Book. When we worship together, we hear the voices of those around us; we sense their presence; we share the Peace, we receive the blessed sacrament; and we have as much or as little time afterward as we want to mingle and talk. Virtual worship is a good substitute during this strange season, but it's just not the same.

But I wonder if there might be some things we can learn from this shutdown. The usual flurry of activity on Sunday morning is not there. No getting dressed up; no snacks to prepare; no flowers to arrange or deliver; no Godly Play; no committee meetings. Instead, we have time, maybe, for God.

I wonder if we could think of this Coronavirus season as a Sabbath from church. A Sabbath is a time of rest from our normal activities. "God rested on the seventh day from all the work that he had done." (Genesis 2:2) I wonder how we can visualize our time away from church as a time of rest and renewal.

One way might be to appreciate the freedom from church busy-ness. We're being given a gift of time to step back from church without feeling guilty. We might spend some of our free time in quiet and contemplation. Maybe sit with a cup of coffee on the porch and listen for God in the quiet. Maybe take a passage of scripture and let it soak in slowly, imagining your place in the Bible story. Maybe call to mind the things for which you're thankful. Maybe write a letter or reach out to another.

If we can think of this time as Sabbath time, then when we finally do come back together we'll be especially aware of the joy of community and the warmth of human caring that we find in being together. Have a good Sabbath!

Bill

#### When Will We Open?

As the Coronavirus shutdown begins to be lifted in some parts of the country, the Diocese of Olympia is planning for the eventual re-opening of our churches. Bishop Rickel sent out a four-phase plan that is coordinated with the Governor's four-phase plan for re-opening the economy.

Currently we're in phase one, and the only services and meetings allowed are online. In phase two, meetings for up to five people will be allowed with social distancing, and funerals and weddings with up to ten people are allowed.

In phase three, worship services and meetings with up to fifty people will be allowed with a number of restrictions, including social distancing. In phase four, worship services and meetings will return to normal (although we're encouraged to continue livestreaming).

Deacon Bill Thaete is helping us develop a plan based on diocesan guidelines, but we don't anticipate this happening very soon. I know that many of us are in no hurry to return to large gatherings, so even when we're given permission to re-open, we'll evaluate how and when we want to do this.

So it looks like we're not going to be re-opening our building until July or August or possibly later. In the meantime, we're doing our best to livestream our Sunday Eucharists and use the Zoom platform for online meetings, as well as keep in touch with our telephone tree.

I hope we'll all remember that we are God's people whether we are gathered physically or gathered virtually, and I hope we'll remember to remain connected in our prayers for each other.

Peace, Bill

#### **Contemplative Ministry**

Due to the Covid-19 precautions, the Contemplative Services in St. Antony's new chapel have been disbanded until further notice. However, in place of the live services we are continuing to meet on a spiritual level each 2nd and 4th Sundays using the same or a similar order of service.

At times I will be sending out ideas for Lectio Divina practices and suggestions for further learning experiences like the wonderful morning retreat recently Zoomed in from St. Paul's church in Port Townsend, where we learned about the life and teachings of Saint Julian of Norwich. St. Paul's is also using Zoom to gather for Centering Prayer at 9 o'clock every Monday, Wednesday and Friday mornings from their website... to which we are all invited. Check out: stpaulspt.org

We have also been invited to participate in virtual Centering Prayer services with St. Barnabas, on Tuesday mornings at 9 o'clock. And there has been some talk of a possible Zoomed book study with them as well.

As mentioned before, the contemplative traditions of practice predate our traditional liturgical forms of worship. Since the 1940's, with the help of Fr. Thomas Keating, contemplative prayer has been making an especially strong comeback in the form of Centering Prayer. Around the world folks are feeling more and more inclined to bring what they have learned from their own traditional experiences into a still and deeper discovery of inner connectedness with the Holy. This seems especially true today as we live out these unusual times of required isolation.

For more information regarding how you might learn and perhaps participate in practices of contemplation either with others on line or alone in your 'private chamber', please contact me. My phone number is in the directory.

Centering

Prayer

Carolyn Sorrell

#### DOES YOUR WILL REPRESENT YOU?

When was the last time you reviewed your will? If it's been a few years, it might not accurately represent your current wishes regarding the distribution of your property, providing for you loved ones, or making any charitable bequests to the parish or other nonprofit institutions.

Look over the following questions and answers. After reading them you may see a need to contact your attorney and update your will.

Question: Has there been a change in your marital status...divorce, death of a spouse, or remarriage?

**Answer:** If your answer is yes, you should revise your will to reflect these changes as soon as possible.

Question: Do you have a new child or grandchild?

**Answer:** An addition to the family may make changes in your will necessary. Think about all the people you want to remember and plan accordingly.

Question: Have you moved to another state?

**Answer:** If you have moved, you should check with an attorney to be sure your will makes the most of opportunities available under that state's law.

Question: Do you still own the property distributed in your bequests?

**Answer:** If you have sold property or acquired any since you last reviewed your will, check with your attorney and make any changes in your will.

**Question:** Is the person you selected as you personal representative (executor or executrix) still available and willing to serve?

**Answer:** There may be many reasons that a person can no longer serve in this capacity: illness, the press of business, and a trip. Naming an alternate is a good idea.

Question: Have there been any changes in the tax laws in recent years?

**Answer:** The average person does not keep up with all the changes in the law. Your attorney does, and can advise you about them.

Question: What if your beneficiaries predecease you? Who will receive your property then?

**Answer:** The selection of a final beneficiary can solve this problem. For example, you can name the parish, diocese or national church to receive all or a portion of your worldly possessions if there is no one else.

Merely having a will is not enough. To serve its purpose, it must be kept up-to-date.

"From the Diocese of Olympia Wills Awareness Booklet" Chris Crowson



#### HOMF AID BRFAD

Some of us may be running out of things to do for funduring this stay-at-home mode of life. In case you like ice cream, here is a simple way to make up a batch in A MASON JAR. You can also use a different container however you DO need to shake its contents vigorously...and not spill out.

Basic Mason Jar Ice Cream + Makes about 3 servings

- 1 cup heavy cream
- 1 ½ tablespoons sugar
- 1 ½ teaspoons vanilla (or other flavor) pinch of salt
- 16 oz Mason jar

Pour cream, sugar, vanilla and salt into the jar, and screw on the lid TIGHTLY.

Shake vigorously, until the cream thickens and almost doubles in size, which should take about five minutes. You'll know you are done when the mixture doubles in volume and is about the consistency of brownie batter. Freeze for at least 3 hours. Then eat. Add your own extras!

This recipe came from last weeks newspaper.

Miss you all, Tovi Andrews





#### Outreach

The online outreach meetings are going well! However we can use more participation. The outreach committee is the congregation and the online meetings allow for you to participate from your own home you don't have to drive to the church or take time off work, or drive after dark. The meetings are scheduled every two weeks starting Monday June 8<sup>th</sup> at 6:00 pm. The meetings are on Zoom and only last 40 minutes, if you have a idea or a comment email it to me and I will get it on the agenda along with the access information which will be in the announcements the week before the meeting. So come and join us.

If you drink coffee and would like to support a great local organization please consider purchasing a Coffee Oasis gift card! A portion of the purchase goes to support the community programs provided by Coffee Oasis to help marginalized teens and others. The cards can be picked up at any of the Coffee Oasis shops throughout the county and they can be for any amount you wish to purchase.

At the last meeting it was discussed and approved that we will give 250 dollars apiece to the CK food bank and Poulsbo Fishline to help to support their foodbanks.

The CK food bank can use donations of all types please give what you can. Their hours are 9:00 AM - 2:00 PM, Monday - Friday. Their address is: Central Kitsap Food Bank 3537 Anderson Hill Rd, Silverdale WA 98383

If you are looking for information concerning senior services there is a pamphlet that shows resources available in the county! everything from housing to weatherization, it says it Senior resources however I think its for everyone. Just go to NWSENIORS.com and select Kitsap county.

Blaine Morgan, Outreach Commissioner

I am the church!
You are the church!
We are the church TOGETHER!

#### **Pandemic Ponderings**

This is a very different time for people in our country. We are asked to live a different way for a time: stay home; discontinue normal routines for the ordinary things like grocery shopping, going to parks, or traveling away from home. We are to wear masks when we go out. These are the new norms to adapt to while we wait out the strength of the COVID-19.

We see the outward signs of compliance and acceptance, as we adjust our daily routines. On Sunday mornings, we may stream religious services and watch and listen to the words, music and symbols of worship. Thereby, we sense inclusion while being, virtually, in community...especially if we join in the Zoom coffee hour.

Yet, there is another aspect to be considered in this change, and that is what is occurring in our spiritual lives. There is a word that I really like: quotidian, which refers to everyday happenings or occurrences. A number of years ago, Kathleen Norris, author and lecturer, gave a talk entitled "The Quotidian Mysteries: Laundry, Liturgy and 'Women's Work." In short, she spoke of finding the Holy in everyday things: the tasks we do, the normal rhythm of the ordinary, the sense of purpose in daily things.

One of her first examples in the book was attending a Roman Catholic wedding. She had not attended a religious service for years, but she "watched the ceremony intently" from the back of the church. After communion, and continuing to observe, she exclaimed to the man she was dating, "Look...The priest is cleaning up! He's doing the dishes!" Her friend shrugged. I have never forgotten reading that for the first time. Norris goes on to flesh out the sacred and the holy in everyday things: work, effort and play, experienced by women, men and children in everyday things.

The question arises for me now, during this time of a "new normal": how are we experiencing, sensing, and observing the Holy in the ordinary as we are safe distancing, staying closer to home while we might desire to be connected with community? Our religion, our faith traditions provide opportunities to be together, to worship, pray and enhance our communal relationship with God. What does my spiritual life need, that being my personal relationship with God? One tool I have used in my quest to discover and visit my spiritual core is to create a spiritual map. I have drawn one (several times), I have written or charted one, I even created one on the computer. Our spiritual map begins with our very first memory or knowledge of God. It continues as we note moments we have had of God's presence in our lives. (Baptisms, weddings, funeral and memorial services are often present on our map.) We must not overlook the ordinariness of our lives without noting a sense of God's presence within. I hear that many of us are working in our yards. That is holy work for many. A recent "safe distance" visit from a friend, who delivered an organization's handbook, along with delicious cookies, was such a moment. Her caring and generosity in giving stayed with me for several days. Enjoy this exceptional time we are living presently, and may the Spirit lead you to discoveries of the "quotidian mysteries!"

Maggie Scott



#### Meet your Bishop's Committee



David Wilkinson Bishop's Warden



Penny Whitney People's Warden Parish Life -Pastoral Care/LEV



John Stockwell New Facilities



Blaine Morgan Outreach



Kristen Robuck Parish Life - Events



David Peterson Environment



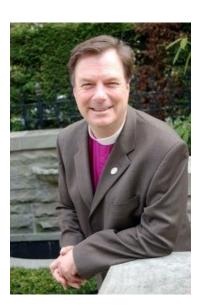
Chelsea Reeder Communications



Peter Stockwell Welcoming

# Worship with Bishop Rickel and the Diocese of Olympia on Sunday, June 7.

St. Antony's will not livestream worship on June 7 because we'll be joining an online worship service that includes the whole Diocese. More details to follow.



Whenever you have a need or concern, please talk to one of them. They're here to help.



#### June Birthdays

1	Taylor Tubberville
	Carolyn Leech
7	Loretta McGinley
9	Barbara Stedman
10	Steve Miller
12	Dean Wagner
13	Jane Teller
16	Mac Mackimmie
	Stu Smith
	Jim Rohlfing
	John Zantek
17	George Baxter
18	Gail Westin
21	Caroline Hoag
	lan Zagrocki
28	Daniel Smith

June Anniversaries					
1	Charles & Elizabeth Moorhead				
11	Steve & Jean Miller				
17	Jessie & Julie Sherwin				
20	Aaron & Heidi Feenstra-Wilson				
22	Peter & Sandy Stockwell				

Deadline for the July Glad Tidings is **Tuesday, June 23** at 10 am. Please send all submissions to: stantonysilverdale@gmail.com. Thank you.

Financial Report		V	Account Balances	
April **preliminary**		Year-to-date		
Operating Income	\$19,930.48	\$73,415.44	Local Checking	\$73,869.70
Operating Expenses	\$18,213.64	\$74,154.11	Local Savings	\$17,156.89
Net in April	\$1716.84 (\$738.67)		Diocesan Investment Funds	\$157,612.42
			Total	\$248,639.01

June 2020 Schedule						
JOBS	June 7 Trinity Sunday	June 14 Second Sunday after Pentecost Proper 6	June 21 Third Sunday after Pentecost Proper 7	June 28 Fourth Sunday after Pentecost Proper 8		
EM 8 am	Elizabeth Morrhead	Ruth Lindstrum	John Teller	Donna Hilton		
LC/OT & NT 8 am	John Teller	Norma Tipton	Elizabeth Moorhead	Ruth Lindstrum		
GREETER 8 am	Donna Hilton	Darrow Lindstrum	Pam Morton	John & Jane Teller		
EM 10 am	Chelsea Reeder	Peter Stockwell	Shane Carlson	Cris McCarty		
LC/OT 10 am	Cris McCarty	Shane Carlson	Jim Foley	Stu Smith		
LC/NT 10 am	Michael Wentworth	Stu Smith	Sarah Rogers	Elizabeth Flagg		
ACOLYTES 10 am						
GREETER 10 am	Suzanne Brock	Tovi Andrews	Nancy Ladenberger	Carole Nau		
USHER 10 am	Mark Westin	Chris Crowson	Carolyn & David Sorrell	Dave & Jan Peterson		
COUNTERS	Bill Cleveland Marj Zantek	Heidi Feenstra-Wilson Maggie Scott	Jim Foley David Wedeven	Bill Cleveland Chris Crowson		
COFFEE HOUR	Sylvia Campbell	Allison Carlson	Carrie Rivers/Jane Stockton	Sherwin Family		
Eucharistic Visitors	Beth	Penny/Olivia	Dave	Loretta		
BPod						
1st LESSON	Genesis 1:1-2:4a	Exodus 19:2-8a	Jeremiah 20:7-13	Jeremiah 28:5-9		
PSALM	Psalm 8	Psalm 100	Psalm 69: 8-11, (12-17), 18-20	Psalm 89:1-4,15-18		
2nd LESSON	2 Corinthians 13:11-13	Romans 5:1-8	Romans 6:1b-11	Romans 6:12-23		
GOSPEL	Matthew 28:16-20	Matthew 9:35-10:8(9-23)	Matthew 10:24-39	Matthew 10:40-42		

		Roster of Volur serve on your assigned S ough a name means they		someon			
LECTORS	EUCHARISTIC MINISTERS	GREETERS	COUNTERS		USHERS	ACOLYTES	
8 am	8 am	8 am	Bill Cleveland A		Shane and Allison C.	Caiden C.	
Donna Hilton	Donna Hilton	Donna Hilton	Chris Crowson B		Chris Crowson	Carleton M.	
Ruth Lindstrum	Ruth Lindstrum	Darrow Lindstrum	Jim Foley A		Ray Flagg	Cris McCarty	
Elizabeth Moorhead	Elizabeth Moorhead	Pam Morton	Maggie Scott B		Dave & Jan Peterson	Christina M.	
John Teller	Bill Reeder	Jim Smith	Norma Tipton B		Ed Segrist	Chelsea R.	
Norma Tipton	John Teller	John & Jane Teller	Jacque Walker B		Dave & Carolyn Sorrell	Laurel R.	
Mardi Dawson (sub)		Jacque Walker	David Wedeven B		Mark Westin	Mackenzie W.	
			Heidi Feenstra-W	ilson A	Barb Hart - Substitute	Benjamin W.	
10 am	10 am	10 am	Marj Zantek B			Christina W.	
Shane Carlson	Shane Carlson	Tovi Andrews				Jason W.	
Gail C- Ferguson	Lee Halkias	Suzanne Brock	A - computer				
Elizabeth Flagg	Cris McCarty	Ray & Elizabeth Flagg	B - non computer				
Jim Foley	Chelsea Reeder	Liz Haney					
Cris McCarty	Peter Stockwell	Nancy Ladenberger					
Sarah Rogers		Carole Nau					
Ed & Carolyn Segrist		Malcolm & Sylvia (substitute)		Church will not be open until			
Stu Smith					July or August.		
Michael Wentworth			Until then all servers are on vacation.			cation.	

### June 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 5:30 pm Evening Prayer Livestream	4 Noon Zoom Vicar's Bible Study	5 Vicar's Day Off	6
7 8 am Holy Eucharist Livestream 10:15 am Holy Eucharist Livestream 11:30 am Zoom Coffee Hour	8 6 pm Zoom Outreach Mtg.	9	10 5:30 pm Evening Prayer Livestream	11 Noon Zoom Vicar's Bible Study 6:30 pm Zoom Bishop's Committee Meeting	12 Vicar's Day Off	13
14 Shane Preacher 8 am Holy Eucharist Livestream 10:15 am Holy Eucharist Livestream 11:30 am Zoom Coffee Hour	15	16	17 5:30 pm Evening Prayer Livestream	18 Noon Zoom Vicar's Bible Study	19 Vicar's Day Off	20
21 Father's Day 8 am Holy Eucharist Livestream 10:15 am Holy Eucharist Livestream 11:30 am Zoom Coffee Hour	22 6 pm Zoom Outreach Mtg.	23 10 am Newsletter Deadline	24 5:30 pm Evening Prayer Livestream	25 Noon Zoom Vicar's Bible Study	26 Vicar's Day Off	27
28 8 am Holy Eucharist Livestream 10:15 am Holy Eucharist Livestream 11:30 am Zoom Coffee Hour	29	30				

St. Antony's Episcopal Church 11885 Old Frontier Road, P O BOX 2822 Silverdale, Washington 98383

www.saintantonys.org

The mission of St. Antony's is to be a loving and welcoming people who worship God, grow in Christ, and serve others.

Gather, Grow, and Go!