

Glad Tidings

April 2020



ST. ANTONY OF EGYPT EPISCOPAL CHURCH
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E-Mail: stantonysilverdale@gmail.com Website: www.saintantonys.org
The Rev. Bill Fulton, Vicar
The Rev. Bill Thaete, Deacon



Vicar's Voice

As an extrovert, I'm finding the "social distancing" requirements to be challenging. We're being asked to stay home except for essential activities, avoid all public gatherings and keep a distance of six feet from others. This is not easy for someone who likes to be around people!

But I see a lot of creative solutions coming out of this time of pandemic. Yesterday, our family got a hand written note from a neighbor who is asking everyone on our lane to call her about any needs we may have, and inviting us to connect with each other by phone or email. So this pandemic may bring our neighborhood closer together.

As Loretta McGinley told me, it's really physical distancing we need to do, not social distancing. We can keep six feet apart and still be in contact by phone, email, or social media. Human beings are social creatures, and we need to connect with each other.

That's what we're trying to do with St. Antony's telephone tree. We've divided the congregation into twenty-one groups of four households and asked one of the four to call the other three once a week. We'll relay any needs or prayer requests up the line to Penny Whitney, our People's Warden, who will bring them to me before our Sunday livestream Eucharist. If you don't get a call, please let me know.

We're also learning how to livestream the Eucharist every Sunday at our usual times, 8:00 am and 10:15 am. So you can "come to church" at your usual hour on Sunday by sitting down in front of your computer screen or your phone and participating in the service. It's not like being together in person, but it's a creative alternative (you can also watch the service later by going to our church webpage).

This Sunday I'd like to try a virtual coffee hour by using the Zoom app. I'll set up an online meeting at 11:30 with Zoom and invite everyone to it. You can join the meeting by clicking on the link in the invitation email and enabling your webcam and microphone. Then you'll show up as a little square on the screen, along with everyone else, and we can have a conversation. It sounds crazy, but it's worth a try!

I know that all of us are trying hard to comply with the governor's "Stay Home and Stay Healthy" proclamation. If everyone follows the directives, we'll beat this coronavirus scare and eventually get back to normal life. I'm looking forward to that day!

Bill

*The mission of St. Antony's is to be a loving and welcoming people
who worship God, grow in Christ, and serve others.
Gather, Grow, and Go!*

Acolytes Needed

Acolytes are an important part of the service. As an acolyte you are not only serving the church, but God himself. Please seriously consider in becoming a member of this team. This opportunity is open to *both* youth and adults.

Contact either Chelsea Reeder or the church secretary, Linda Robuck.

Chelsea Reeder
Communication Commissioner
Director of Acolytes



Clerk of the BC Needed

The Bishop's Committee is in need of a clerk. A clerk takes minutes of all Bishop's Committee meetings and works closely with the Bishop's Committee.

If this is of interest to you, please let Fr. Bill or David Wilkinson know.

Linda Robuck, Secretary



**Wash your hands
and say your prayers
because germs and Jesus
are everywhere!**

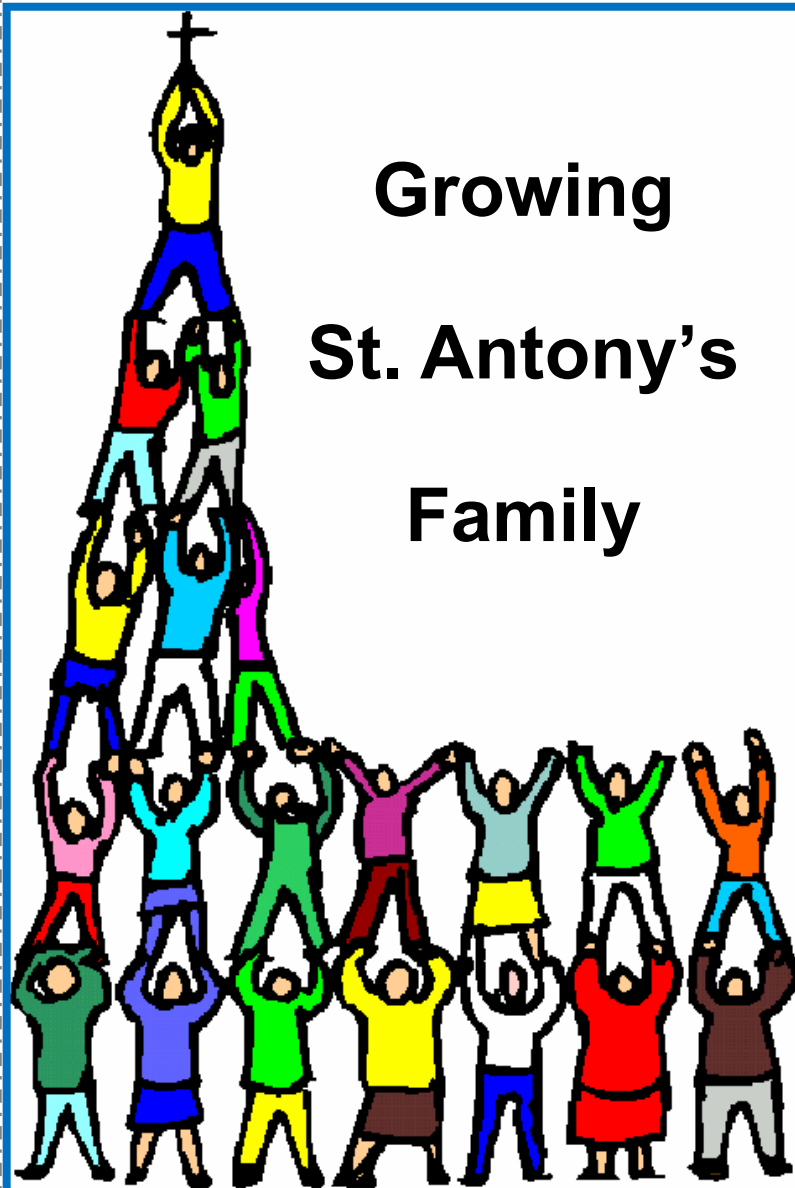


**Wash for your hands for at least 20 seconds
by praying The Lord's Prayer**

**or, by singing or humming one verse of:
Jesus Loves Me
This Little Light of Mine
I've Got Peace Like a River
Come, Thou Fount of Every Blessing
Down To the River to Pray**

#prayasyouwash

Submitted by Barbara Hart



Growing St. Antony's Family

During our discernment meetings this summer, an item that was discussed by multiple groups was the desire to grow our church congregation. Our meetings did not really allow for us to delve into this topic and build any concrete plans to achieve this objective.

As a goal in my role as Bishop's Warden this year, I plan to facilitate meetings and provide information about church growth with the objective of developing a St. Antony's Growth Plan. This will not be "my" plan. It will be developed or not developed based upon participation and input from the church family. Not all churches grow. God chooses those churches which will grow. Our role is to do what is necessary to promote an environment of growth.

In this first article, I want to explore why we want to grow. Now that the new church building is complete and we carry a mortgage, we certainly have a financial need to grow. That is an example of an earthly need. Please understand; it is important, but should not be the motivation. That would hold true for all the earthly needs we define. But, let us talk about the spiritual motivation.

In Matthew 28:19-20, we are told, "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you." In Mark 16:15, we are told, "Go into all the world and proclaim the good news to the whole creation." Per Matthew and Mark, these words were spoken by Jesus. They were not a request, but a command. In Mark, the message cen-

ters on evangelism. We are called to simply tell others about our Salvation through Jesus Christ and God's love. Matthew takes it to the next level. That is to teach those who believe how to be disciples of Christ.

Now these readings do not say, "do and your church will grow." But, one might calculate that by bringing in more people to believe and then providing the support and training to be disciples, that we can see growth in our church congregation. This type of growth would be centered on Jesus' command and direction. By channeling our focus and planning around this motivation, we will see God's blessing and allow his plan for our growth to unfold.

To sum up my point, it is very simple. We must examine our motivation for the desire to grow. It should be "God" centered. All discussion and planning must lead back to that Godly center.

Next month, I will begin discussing strategies that churches growing have in common. The first strategy is "personal invitation" and the second is "refusing to settle for mediocre." There are other strategies that we will be cover in the following months.

If you did not read the articles that were distributed on church growth in January, please do. These articles are a way to stimulate your thoughts on this topic. There are still copies in the narthex. If you can't get to the church, please ask Linda to mail a copy to you. And, if you have a revelation or thought about all of this, let me know. It will become a part of the dialog we have as a church in developing a plan for growth.

David Wilkinson

Meet your Bishop's Committee



David Wilkinson
Bishop's Warden



Penny Whitney
People's Warden
Parish Life -
Pastoral Care/LEV



John Stockwell
New Facilities



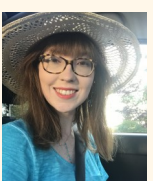
Blaine Morgan
Outreach



Kristen Robuck
Parish Life - Events



David Peterson
Environment



Chelsea Reeder
Communications



Peter Stockwell
Welcoming

Whenever you have a need or concern, please talk to one of them. They're here to help.

The Shoe is on the Other Foot

I've been a part of the Pastoral Care Committee for several years and have tried to be of help to those of our parishioners who have needed assistance. A few weeks ago, Loretta McGinley 'phoned me and in the course of the conversation asked how I was doing. I told her that I'd been experiencing vertigo. It's a common enough thing and I've had it before. It's a temporary condition, but annoying. I said that my granddaughter had been doing most of the grocery shopping for me, since "driving while dizzy" hadn't seemed like a good option. Loretta offered to bring me a quiche for dinner, and I was so astounded (to be the recipient, not the giver), that I sputtered at her. Finally, my brain kicked in and I accepted before she could think that I'd hung up the 'phone! Fortunately.....because it was darned good quiche. So, to those of you needing help, please let us know what we can do. And always accept the quiche!

I wrote the above message about 3 weeks ago, prior to the escalating Covid19 situation. Since then I've had a couple of additional thoughts.

Certainly, if any of you need assistance, please let the Pastoral Care team know and we will do our best. Also, if any of you are like me, the unofficial "house arrest" that some of us find ourselves in can lead to a certain stagnation and tends to make me feel like a couch potato. I DO love to read and have been doing a lot of it, but just today the thought came to me: "what worthwhile thing am I going to do today?" So far I've worked on cleaning and reorganizing my kitchen, contemplated weeding (it takes a lot for me to actually get out there and *do* it), and dusted some stuff. It makes me feel that I've accomplished something worthwhile during the day. I also intend to connect with friends via 'phone, e-mail, or snail mail. I know how pleased I am to receive a card or note in the mail. It makes both the sender and receiver feel good.

I don't know if any of my thoughts or projects will be of help to any of you, but I hope so. This is a strange, unfamiliar time that we are living in. I hope this situation will be resolved soon and we can all be together again in person.

Penny Whitney,
People's Warden, Pastoral Care

God's Garden Design Begins

In February, the Bishop's Committee discussed and approved the location of the church garden. The space on the north side of the building between the greenbelt and the church has been reserved for the garden. It will extend from the east corner of the church to the west corner. The space is approximately 4,500 square feet. It's location has great sunlight and shade. It will be perfect for this project.



The first meeting for the garden design was held on March 5th. It was a good planning meeting and set the foundation for the planning process. In the meeting, design priorities were set as:

- Provide a section of the garden that provides a quiet secluded and meditative space
- Provide a section of the garden that will allow group gatherings for worship, celebrations, and memorials
- Provide a section of the garden for internment of ashes
- Provide a pathway for implementation of Stations of the Cross

The next order of business was to discuss design rules. These rules will guide the committee as design items are discussed. Other rules may be added as we learn more about the project. To be included in the garden design, the discussed item must meet or exceed these expectations:

- Must provide accessibility to those challenged with mobility
- Majority of plants should be native to our region
- Low maintenance
- Drought resistant
- Environment friendly
- Provides curb appeal
- Promotes the encouragement of wildlife (birds, butterflies, bees, etc.)

The committee also began discussing hardscape and softscape features to put on our wish list for design. This will obviously change and adapt as we explore costs, feasibility, and compatibility. Here are some of our wishes at this time.

- Hardscape
- Water feature, Station of the Cross signs/plaques, pathways, benches, decorative boulders, arches, fire pit, rain capturing system for irrigation, and altar
- Softscape
- Herbs, azaleas, rhododendrons, hydrangeas, ornamental maple trees, mosses, and native ferns

The committee's objective is to complete the design, calculate the cost, and present to the Memorial Committee by the end of the calendar year. Please remember, you do not need to be a gardener to be a part of this project. If creative and love nature, please join us. If you can't attend meetings, but have ideas or see something that you feel would be a nice feature of the garden, please send me the information. I will put it in 'Idea Book' and the committee will consider it for the garden design.

David Wilkinson,
Bishop's Warden
God's Garden Coordinator

Parish Life Events

I've been a member of the BC as the Parish Life person for a year and a half now. I've enjoyed my time with last years and our current BC members, as well as talking with people more often, both new and our more long time parishioners, hearing ideas of events/fundraisers people would like to see happen in our new church. It's been a fun and exciting time to be part of the BC during and after our transition onto our new property. We've had two successful picnics in our new event shelter last summer, along with church services, and other activities we've had on and in our new building. I'm sure there will be plenty more fun times in our new home in years to come.

During our transition, I haven't had a chance to plan or do as many activities as I would have liked, and now with this Covid-19 virus causing a major slow down and adjustments for everyone, my fun activity ideas and plans are on hold. Right now, staying home as much as we can to keep ourselves and those we love healthy and safe is our top priority.

On a good note, it is officially spring (my favorite time of the year)! We can still enjoy the nice weather by sitting on our porch enjoying the sun, going out for a walk, a bike ride, a leisurely drive, working in the yard, catching up on some reading, or anything that tickles your fancy, while being safe around others.

This last February, Thomas and I both have decided that we will be moving to Florida. For how long we are not sure yet, but for at least a year or two to start. Our original plan was to drive down together this May, but with the Covid-19 outbreak, we may have to delay our departure for a short time. I do love the beautiful Northwest, I've lived up here for 26 years now. I do feel like Washington is my home. I will miss everyone here, but am looking forward to this new adventure in my life. It's going to be a BIG change, but sometimes change can be a good thing. I will come back to visit when I can. I can't speak for Thomas, but he has shared with me that he also loves it up here along with the people. Our decision for making Florida our temporary because we have more "opportunities/doors" that are open for us both down south.

We will miss it up here, but we look forward to our visits back to my neck of the woods. In the meantime, I look forward to our new adventures in Thomas's neck of the woods. Stay safe and healthy. I know it's a challenge for most of us during this time, but we can at least try to make the best of it.

Kristen Robuck, Parish Life

EVERY WOMAN NEEDS A WILL

On average, women live longer than men. Statistically, women live more than seven years longer than their husbands of the same age. Because women earn more money of their own today than ever before and successfully invest it, they have assets of their own to give.

When you add this to what married women receive at the death of their husbands, there is no way the thinking woman will leave the disposition of her property to the state. She will decide for herself to make a will of her own.

Like men, most women do not have valid wills. Many church women who are thoughtful and careful about their giving overlook the importance of having up-to-date wills. Most charitable bequests to all charitable causes in this country come from women; therefore, it is appropriate to remind the women in our parish of this responsibility.

If you are a woman, your will can make a big difference for your family and for the causes you believe.

Influencing others

Besides the impact your own will can have, you may play an important role in urging your spouse or other family member to have their wills drafted. I have found that in many families, it is often the woman who recognizes the need for such planning and prompts both spouses to each have legal wills.

"What would become of the children if something happened to both of us on a trip?" She may wonder aloud.

"Shouldn't we have wills so we can be sure they are taken care of?" (Sometimes the need is even more apparent where there are no children, and the heirs might be remote, even unknown.) (continued next page...)

Advantages of having a will

- You can be sure your estate will be distributed as you wish.
- You can name your own executor or executrix (personal representative).
- You can name the guardians for your minor children.
- You can bequeath more to an especially dependent loved one.
- You can establish a trust fund so that a loved one can have a regular income, without money management worries.
- You can include a bequest for the work of God through the church.

Chris Crowson

Home Aid Bread

It is hard to avoid the "C" word, corona, in many of our conversations today, and it seems useful to find out what Washingtonians are doing to live through this epidemic.

Now that St. A's has set up the Team To Parishioners phone calls we can share experiences, needs, thanksgivings and more to our church groups. This is sort of like small groups of us being in rowboats waiting for the dense fog to lift so we can find our ship again. It will happen.

- Thinking practically I would like to see an on-line church page where we can list a few items we have for sale at our homes. Example: I have 2 single beds, barely used, and complete with mattress and sheeting, and wood headboards. I am selling them as a twin set for a total of \$500.00 for the set. If someone wants to buy the set I will place the beds in my garage so no one needs to have personal contact.

So things like this could be listed "For Sale", cost, condition, phone #. Yes, you could also list items YOU ARE LOOKING FOR. List item needed, contact # and first name only.

Perhaps one of our Wardens or a BC member can set this up. Call me or email me with your feedback on this only if you like it and want this all church information sharing.

May your days ahead be sprinkled with good will toward others, and peace and security knowing Almighty God has you in His hand. Psalm 31:14-16

And so I sit down now in calmness with fresh baked bread and tea, and wait for tomorrow's wisdom to arrive.

Tovi Andrews

From the Altar/Floral Guild

First of all we would like to send a grateful acknowledgement to all those who signed up for Easter lilies as well as to those who intended to do so until the Corona virus came into our lives! We had figured our first Easter in our new church building in a different way. But if we can stay calm and have faith, we can work through all these challenges that face us and we will be OK!

We scaled back our Easter lily order from Brothers Warehouse to 10 lilies and plan to deliver them to parishioners who are shut-in or in need. Let us stay thankful and close in thought and pray for each other. Thank you!

Caroline Hoag



Misophonia - Senior Style

Recently I read a newspaper article about an unusual hearing condition labeled misophonia. People with this problem experience a strong emotional response to certain sounds, usually negative, like anger or anxiety. My first thought was, "Hmmm, that's very interesting," my second, "I'm sure my husband and I don't have clinical misophonia, but with his identified hearing loss and my developing one, we certainly mis-hear each other a lot. We've had some bizarre conversations lately.

On a bright, sunny day last October, we're strolling through beautiful Wallowa State Park in eastern Oregon. We're enjoying the smell of moist, morning air, the view of the dark mountains looming above the placid lake, and the sound of the nearby shallow stream rippling over its rocky bed. In the midst of this awesome grandeur, I'm a little surprised to hear my husband comment on a wayside detail, "Oh," he says, "look at the daisies over there."

I'm surprised because it's late in the fall for daisies in this frost-prone region, and that he deemed them worthy of comment. I'm usually the one drawing attention to flowers. Nonetheless, I look to where he's pointing. Trying to acknowledge his comment and still be honest, I reply, "Where? I don't see any."

"Just over there, by the fence. See?"

"I see the fence, but . . ."

"Right by the fence, by the sign," he explains further.

This is getting silly, but I keep trying to spot the daisies. Finally, I say, "All I can see is a sign that says 'Day use.'"

"That's it," he exclaims. "That's what I said."

Day use/daisies – enunciated clearly there is a difference in sound, but the combination of aging eardrums and ambient noise produces our own brand of misophonia. Instead of the negative emotion the real affliction releases, we have a hearty laugh and walk on.

Our aural mis-hearings, however, are fairly frequent these days. We're home again, finishing breakfast, and still lingering over newspapers. I don't usually read the sports page, but, with my Canadian roots, an article about the NHL catches my eye. Apparently in the current year, an unusually large number of teenagers, albeit older ones, are starters. Of the leagues' thirty teams, twenty-one will have at least one starting player under twenty, a record-breaking number. Since this statistic merits a front-page article, I find it significant enough to interrupt my husband's reading with "Apparently there's an unusually large number of teenagers playing professional hockey this year." My husband finishes what he's been scanning, looks up and asks, "What did you say about coffee?"

Such exchanges have become common in our daily life. The name "Pence" is heard as "Kent," the word "fleece" becomes "cleats," "All Stars" morphs into "ulcers, and "tureen" into "latrine." Even phrases we've heard a hundred times become strangely distorted as in our recent exchange after lunch. I said I had to hurry to leave on time for my writing class, so when I got up and headed down the hall instead of out the door, my husband was surprised and called out, "Where are you going?" I was in too big a hurry to answer right then, but when I came back a few minutes later, he asked, "Where did you go? I thought you said you had to flee."

"I do have to flee," I confirmed, but what I said was, "I have to pee."

Aging is not for the faint of heart.

Submitted by Sylvia Campbell





April Birthdays

1	David Ferguson
4	Pete Morris
12	Jan Peterson
16	Carolyn Segrist
	Olivia Stalter
17	Rev. Bill Thaete
	Aaron Feenstra-Wilson
	Beth Rohlfing
20	Joann Richardson
25	Sandy Stockwell
26	William George



April Anniversaries

5	Rich & Sarah Rogers
13	Malcolm & Sylvia Campbell
22	Carl & Carole Nau
26	David & Carolyn Sorrell

Deadline for the May Glad Tidings is **Tuesday, April 21st** at 10 am.
Please send all submissions to:
stantonysilverdale@gmail.com. Thank you.



Bill & Lori Fagan

(Their contact information will not be in the web page version of this newsletter. Call Linda Robuck's phone for that info.)



Olivia Stalter

Financial Report February			Account Balances	
		Year-to-date		
Operating Income	\$15,801.34	\$38,143.59	Local Checking	\$86,565.02
Operating Expenses	\$19,034.42	\$40,981.17	Local Savings	\$17,156.17
Net in February	(\$3,233.08)	(\$2,837.58)	Diocesan Investment Funds	\$183,991.36
			Total	\$287,712.55

April 2020 Schedule

JOB	April 5 Sunday of the Passion - Palm Sunday	April 9 Maundy Thursday	April 10 Good Friday Noon	April 12 Easter Sunday	April 19 2nd Sunday of Easter	April 26 Third Sunday of Easter
EM 8 am	John Teller		Shane Carlson	Ruth Lindstrum	Elizabeth Moorhead	Donna Hilton
LC/OT & NT 8 am	Elizabeth M.		Norma Tipton	Donna Hilton	John Teller	Ruth Lindstrum
GREETER 8 am	Jim Smith		Pam Morton	Darrow Lindstrum	Pam Morton	John & Jane Teller
7:00 pm 7:00 pm						
EM 10 am	Lee Halkias	Peter Stockwell	Elizabeth M.	Chelsea Reeder	Peter Stockwell	Cris McCarty
LC/OT 10 am	Michael W.	Sarah Rogers	David Wilkinson	Gail C-Ferguson	Cris McCarty	Stu Smith
LC/NT 10 am	Gail C-Ferguson	David Wilkinson	Jim Foley		David Wilkinson	Sarah Rogers
ACOLYTES 10 am	Cris M. Caiden C. Laurel R.			Benjamin W. Christina W. Jason W.	Chelsea R Caiden C. Laurel R.	Benjamin W. Christina W. Jason W.
GREETER 10 am	Liz Haney		Suzanne Brock			Carole Nau
USHER 10 am	Dave & Jan P.		Mark Westin	David & Carolyn	Chris Crowson	Barbara Hart
COUNTERS	Heidi F-Wilson Norma Tipton		David Wilkinson	Jim Foley Chris Crowson	Bill Cleveland Marj Zantek	Heidi F-Wilson Maggie Scott
COFFEE HOUR					Carol Wedeven	Melanie Reeder
Eucharistic Visitors				Penny/Olivia	Loretta	Dave
BPod				David Wilkinson		Penny Whitney
1st LESSON	Isaiah 50:4-9a	Exodus 12:1-4, 11-14	Isaiah 52: 13-53:12	Acts 10:34-43	Acts 2:14a,22-32	Acts 2:14a,36-41
PSALM	Psalms 31:9-16	Psalms 116:1, 10-17	Psalms 22	Psalms 118:1-2, 14-24	Psalms 16	Psalms 116:1-3, 10-17
2nd LESSON	Philippians 2:5-11	1 Corinthians 11:23-26	Hebrews 10:16-25	Colossians 3:1-4	1 Peter 1:3-9	1 Peter 1:17-23
GOSPEL	Matthew 26:14- 27:66	John 13:1-17, 31b-35	John 18:1-19:42	Matthew 28:1-10	John 20:19-31	Luke 24:13-35

Roster of Volunteers for Services

If you cannot serve on your assigned Sunday, please call someone from this list.
(A strike through a name means they are not available now but will be back.)

LECTORS	EUCCHARISTIC MINISTERS	GREETERS	COUNTERS	USHERS	ACOLYTES
8 am	8 am	8 am	Bill Cleveland A	Shane and Allison C.	Caiden C.
Donna Hilton	Donna Hilton	Donna Hilton	Chris Crowson B	Chris Crowson	Carleton M.
Ruth Lindstrum	Ruth Lindstrum	Darrow Lindstrum	Jim Foley A	Ray Flagg	Cris McCarty
Elizabeth Moorhead	Elizabeth Moorhead	Pam Morton	Maggie Scott B	Dave & Jan Peterson	Christina M.
John Teller	Bill Reeder	Jim Smith	Norma Tipton B	Ed Segrist	Chelsea R.
Norma Tipton	John Teller	John & Jane Teller	Jacque Walker B	Dave & Carolyn Sorrell	Laurel R.
Mardi Dawson (sub)		Jacque Walker	David Wilkinson A	Mark Westin	Mackenzie W.
			Heidi Feenstra-Wilson A	Barb Hart - Substitute	Benjamin W.
10 am	10 am	10 am	Marj Zantek B		Christina W.
Shane Carlson	Shane Carlson	Tovi Andrews			Jason W.
Gail C- Ferguson	Lee Halkias	Suzanne Brock	A - computer		
Elizabeth Flagg	Cris McCarty	Ray & Elizabeth Flagg	B - non computer		
Jim Foley	Chelsea Reeder	Liz Haney			
Cris McCarty	Peter Stockwell	Nancy Ladenberger			
Sarah Rogers		Carole Nau			
Ed & Carolyn Segrist		Malcolm & Sylvia (substitute)			
Stu Smith					
David Wilkinson					
Michael Wentworth					

April 2020

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 5:30 pm Evening Prayer Livestream	2	3 Vicar's Day Off	4
5 Palm Sunday 8 am Livestream 10:15 am Livestream	6	7	8 5:30 pm Evening Prayer Livestream	9 Maundy Thursday	10 Good Friday	11
12 Easter Day 8 am Livestream 10:15 am Livestream	13	14	15 5:30 pm Evening Prayer Livestream	16 6:30 pm Bishop's Committee Mtg.	17 Vicar's Day Off	18
19 8 am Livestream 10:15 am Livestream	20	21 10 am Newsletter Deadline	22 5:30 pm Evening Prayer Livestream	23	24 Vicar's Day Off	25
26 8 am Livestream 10:15 am Livestream	27	28	29 5:30 pm Evening Prayer Livestream	30		

To watch services on Livestream, we invite you to join Facebook. Our Facebook address is <https://www.facebook.saintantony>. Please like our page and you will get a notice when the service starts. You can find the bulletins to follow along on the home page of our website: www.saintantonys.org

If you cannot watch livestream, you can watch the video at a later time on our website. The videos will be posted to the home page.

***St. Antony's Episcopal Church
11885 Old Frontier Road,
P O BOX 2822
Silverdale, Washington 98383***

www.saintantonys.org

***The mission of St. Antony's is to be a loving and
welcoming people who worship God,
grow in Christ, and serve others.***

Gather, Grow, and Go!