# Glad Tidings

February 2015



ST. ANTONY OF EGYPT EPISCOPAL CHURCH
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The Rev. Bill Fulton, Vicar The Rev. Craig Vocelka, Associate Priest



#### Vicar's Voice

I can hardly believe that Lent is nearly upon us. In the wisdom of the Church, we are given seasons of the Church year to help us experience the mystery of Christ's life and death more fully. Lent begins with the somber tones of Ash Wednesday. "Remember you are dust, and to dust you shall return," are the words we hear as we receive the ashes on our foreheads.

Being reminded of our mortality is an unsettling thought, but a necessary one if we are to be present in the here and now. The ashes are a "reality check." Ash Wednesday brings us back to the basics of life and death, reminding us how sweet and precious life is.

The circle of life and death joins everything together. That's why it's so important for us to give expression to our belief in the death and resurrection of Jesus, which we do in the Eucharist every Sunday. We are born with Christ in baptism and we are united with him in death. The circle is unbroken.

The season of Lent forces us to examine ourselves. The Prayer Book says, "I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word." Observing Lent is like going to the gym. We do it reluctantly, even though we know it's good for us.

Our Lenten program this year is a discussion series on forgiveness. Forgiveness and reconciliation are at the heart of the Christian faith. We all have people we need to forgive. We all need forgiveness from others. And we all need to learn to forgive ourselves. Forgiveness has many layers.

Our Lenten program will include a Soup Supper at 6:15 pm and the program starting at 7 pm. The program is a DVD series by Barbara Cawthorne Crafton, an Episcopal priest, spiritual director, and award-winning author, with a discussion after each 20-minute segment. Crafton helps us reflect on our own experiences of forgiveness and delve into the mystery of forgiveness from the perspective of a wise counselor and a Biblically-trained priest.

I hope this Ash Wednesday will be a day of reflection and self-examination for you, and I hope this season of Lent will be a time of spiritual growth and deepening faith for you. May Christ be our reconciler and our source of forgiveness and mercy.

Bill

#### Getting to Know You - Verbal Sketches of St. Antony Parishioners

We've just come through a season of gift-giving, but at St. Antony's we're blessed with a "gift that goes on giving" year-round - our capable, diligent, and efficient secretary, Linda Robuck.

Though she has been employed as secretary for just the last two years, Linda has been active at St. Antony's from about the time she moved to Washington from California some twenty years ago. She has filled many roles. On Bishop's Committee at least three times, she served on several different commissions including Parish Life, Outreach, and Worship. She also coordinated coffee hour for some time, and she has been a long-time member of the choir.

Now, as part-time secretary, she has a huge challenge in trying to fit a host of responsibilities into her "official" ten-hour work week. Besides handling routine office mail and phone calls, etc., Linda puts together the weekly bulletin and monthly newsletter and sees that various reports are turned in on time. She's also a whiz at juggling and integrating the schedules of greeters, lectionary readers, Eucharistic ministers, counters, and others - all those positions that need to be filled to keep the church operating smoothly.

Linda honed the organizational skills that now help her function on a tight schedule at a previous position as office assistant in the Kitsap Regional Library on Sylvan Way - work she says she loved. Her considerable computer skills she developed through courses at Olympic College, and St. Antony's current Communications Commission is especially appreciative of those skills. She can whip out brochures and posters on request and is unstinting of her time.

Asked if her job had particular challenges or frustrations, she thought a while and slowly said, "Not really," but admitted that meeting deadlines can be stressful. (She politely did not say that difficulty in meeting deadlines was often due to material not coming in to her on time, but we all know how regularly she has to send out "reminders.") Instead, with her accepting attitude, she just simply says, "Things come together." It's well-known, however, that if she sees something isn't being done, she pitches in and does it - as when the coffee pot is not turned on before the service begins, or the kitchen counters get too messy.

Some of Linda's "can do" attitude probably comes from her overcoming health issues she has had to face. In past years, she has had not one, but two open-heart surgeries to repair a congenital defect. Today a pacemaker and six-month check-ups help monitor the condition, and an abundance of faith gives her strength and courage to face the future.

While modern medicine has done wonders for Linda's heart, Linda, who squeezes a half-week's work into a mere ten hours, is doing wonders for St. Antony's.

<u>Capable</u>, <u>d</u>iligent, <u>e</u>fficient - CDE for short. That's our secretary.

From all of us to you - a hearty "Thank you, Linda!" From the Communications Commission



#### Stewardship Article for February Newsletter

Our recently completed capital campaign has given us all new insights into stewardship. It showed us what it means to come together as a church family, working toward a common goal. It showed us what is possible. Most especially, it showed the immense power of unselfish giving in our lives and the life of our church. It helped us come to appreciate how our generous gifts to the work of God return to us such a sense of wellbeing, carrying us to new horizons in our spiritual journey in Christ. I will hold the experience of the capital campaign close in my heart as I continue my own stewardship reflections through the year. I hope you will, too.

- <sup>1</sup> For God alone my soul waits in silence; from him comes my salvation.
- <sup>14</sup> Steadfast love is yours, O Lord. For you repay everyone according to his deeds.

Psalm 62

Bill Reeder Stewardship Commissioner Saint Antony's Bishop's Committee

#### Building

What a wonderful day of celebration on January 25. As we gathered for the combined service at 9:00 AM we all got to share in the great news of the very successful Capital Campaign. St. Antony's is truly blessed with wonderful members that have pledged over \$440,000.00 to our new church facility.

I have met with Steve Rice the head of the selected Architectural Firm to discuss the development of the process that will eventually lead to construction documents. Much work lays ahead to reach our goals. The Building Committee with the work of the Architect and Design Committee will be steadily working toward meeting the benchmark goals that are yet to be established. I truly look forward to the work and the energy provided by the congregation to reach our planned goal of the new church facility.

Let's keep pushing toward "Building To Serve-God's

field of

dreams".

John Stockwell -Chairman





#### **Anglican Moments Recap**

Anglican Moments is a short teaching on our Anglican heritage.

January 11 - The Prayer Book says the Holy Eucharist is the "principal act of Christian worship on Sunday." This emphasizes the importance of the Eucharist and its central place in our faith and spirituality. Attending Eucharist is a spiritual discipline that we commit ourselves to.

January 18 - Preparation for worship includes guieting the mind and centering one's attention on the presence of God. Many people like to enter the church before worship in order to spend guiet time in prayer. The ministers enter in a formal procession with the cross, giving dignity to the beginning of sacred time and acknowledging Christ's presence among us.

**January 25** - No Anglican Moments



#### Tony Trekker 2015 Hiking Schedule Summary

Trekkers and Potential Trekkers: Below is the annual plan 'cooked up' at our December potluck/planning session. All hikes will have more detailed information provided and all are subject to change or cancellation. They range in difficulty from "easy" to "moderate+" and give us both exercise as well as an appreciation for our marvelous outdoors environment. If you want to be on the e-mail distribution list for the hikes and/or need more information, please contact Rod or Marin Mash (rodmash@msn.com).

Jan. 17 - Green Mountain

Feb. 19 - Dungeness Spit

Mar. 19 - Capital Hill Stair climb

April 28-30 - Tillamook Head, Oregon

May 15 - Larry Scott Trail, Port Townsend

June TBD - Solduck Hot Springs

June TBD - Buck Lake, N. Kitsap

July 9 - P.J. Trail, Olympic Natl. Park

July 29 - Mt. Townsend, Olympics

Aug. 13 - Lower Lena Lake

Aug. TBD - Cascade Pass area (overnight)

Sept. 8 - Newberry Hill/Mushroom Hunting Walk

Sept. 19 - Chain Lake Loop, Mt. Baker

Oct. 14 - Burke Gilman Trail, Seattle area

Nov. 21- Fort Steilacoom/ Tacoma

Dec. 8- Annual Potluck/Planning session



#### From the Altar/Flower Guild

We are trying something new!

At the suggestion of one of our parishioners we would like to make a change in the "sign-up" for Easter lilies. Instead of LILIES it would read Easter FLOWERS.

Next to your name, you will be able to write in memory of.... or in thanksgiving for....or in celebration of.... The Easter bulletin will have a separate insert listing your name and your special wish.



The suggested donation is \$15.00 or whatever you would like to give.

We hope that you will approve of our new sign-up which will be placed in the Narthex February 8th. Thank you in advance for your generosity.

Caroline Hoag

#### Something's Coming

Something fun

Something local

Something in April

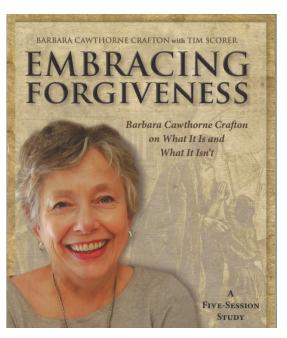
More later

(No, it's not an Easter Egg Hunt, but kids will enjoy it, too.)

submitted by the Communications Committee

**COMING SOON** 

## St. Antony's Wednesday Night Lenten Program



With Barbara Cawthorne Crafton, Episcopal priest, spiritual director, and author.

Wednesdays Starting February 25

5.30 PM—Holy Eucharist 6.15 PM—Soup Supper 7.00 PM—Program

"With wisdom, wit, and theological depth Barbara Cawthorne Crafton explores the perennial topic of forgiveness from the perspective of gift rather than duty. Along the way, she exposes patterns of resistance and popular understandings that undermine our ability to receive and share the gift with others. Her informal and accessible style, together with the questions and responses of those taking part in the video recorded sessions, open the way for groups, aided by the accompanying workbook, to expand the exploration with their own insights and reflections."

— Frank T Griswold, 25th Presiding Bishop of the Episcopal Church

#### Contemplative Book Study

A Contemplative book study will be offered the first Monday of Lent, February 23rd at 6:30 pm. It will be repeated on Saturday morning, February 28th at 10 o'clock. This study is open to all persons wanting to learn more about a new direction being taken throughout religious communities around the world... and it could help answer the question:

How will St. Antony of Egypt serve in God's Field of Dreams?

As we move forward into a new location and strive to answer the calling that beckons us there, we believe that we must first heed the spiritual longings of our neighbors as well as some longings of a few quiet souls within our own church walls. This may in fact be a Divine quest... to serve in the Field of Dreams.

A small group of seekers from St. Antony's will explore this calling through a contemplative study, using books by well known authors and mystics from ancient to modern times. We will begin appropriately with a book by Rev. Dr. Cynthia Bourgeault, called *The Wisdom Jesus*. It tells of an historical Jesus, who in the ancient world became the leader of a small band of disciples, teaching them an 'alternative orthodoxy' that pointed far beyond their familiar Jewish tradition.

We will seek to discern these original teachings, referring to them as the "Perennial Wisdom"... or that which can be found at the core of all religions throughout the ages but has not been distorted for the sake of egoic human minds.

If you are interested in joining this band of 21st century disciples here at St. Antony's, we invite anyone from our congregation as well as from other churches both inside and outside our Episcopal tradition to attend. Together we will attempt to discover a Divine Reality that resides within all of God's people.

(In preparation: *The Wisdom Jesus* by Cynthia Bourgeault will need to be individually acquired for your personal library. We will begin discussing Chapter 1, Jesus as a Recognition Event.)

! Namaste', Carolyn Sorrell



### Mardi Gras - Shrove Tuesday - Fat Tuesday Call it what you will, but ...February 17, 2014 is the date 5:00 to 7:00 PM



### At St. Antony's in the modular Come enjoy a pancake supper with all the fixings

Mardi Gras pancake dinner will be Tuesday, February 17th, from 5 PM to 7PM. Please sign up on the clipboard. Men, please indicate which jobs you can do. We need set-up, cooking, and clean-up. On the clipboard indicate the number of people in your family so we can plan for supply needs.

## Ash Wednesday

Imposition of Ashes and Holy Eucharist Wednesday, February 18 12:00 pm and 7:00 pm



"I invite you to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial;

#### Valentine Spaghetti Dinner

Saint Antony's Youth (S.A.Y.) invites you to the annual Valentine Spaghetti Dinner. The dinner will be Saturday the 14<sup>th</sup> of February at 6 PM in the modular.

Date: 14 February

Time: 6 PM

Location: St. Antony's modular

Host: S.A.Y.

Cost: by donation (\$5 suggested)



February Birthdays			
01	Barbary Fox		
0.	John Stockwell		
05	Joan Willoughby		
	John Steller		
07	Bonnie Foley		
	Debbie Stockwell		
	Jean Mackimmie		
09	Katy Fulton		
16	Robert Stockton		
20	Rev. Richard Scott		
21	Benjamin Wentoworth		
23	Jason Wentworth		
27	Norman Andrews		
28	Rey Flagg		

February Anniversaries			
14	Daniel & Donna Smith		

Deadline for the March Glad Tidings is Tuesday, February 17th at 10 am. Please use stantonysilverdale@gmail.com for all communications. Thank you.

Financial Report				
Income for December	\$18,285.24	Income for 2014	\$181,509.27	
Expenses in December	\$15,008.43	Expenses for 2014	\$180,813.02	
Net in December	\$3,276.81	Net for 2014	\$696.25	

February 2015 Schedule					
JOBS	February 1	February 8	February 15	February 22  Bill Reeder	
EM 8 am	Elizabeth Moorhead	Ruth Lindstrum	Donna Hilton		
LC/OT & NT 8 am	Lynda Loveday	John Steller	Norma Tipton	Ruth Lindstrum	
GREETER 8 am	Donna Hilton	Darrow Lindstrum	Rod and Marin	Lynda Loveday	
EM 10 am	Charles Smith	Peter Stockwell	Ken Stephens	Olivia Stalter	
LC/OT 10 am	Kathy Little	Heather Carnocki	Gail C-F	Kathy Little	
LC/NT 10 am	Gail C-F	Stu Smith	Larry Little	Jim Foley	
ACOLYTES 10 am	Kate Z. Aina Z. Christina E.	Drew W. Mackenzie W. Charles S.	Benjamin W. Christina W. Jason W.	Heather C. Carleton M. Ken S.	
GREETER 10 am	Tovi Andrews	Heather Carnocki	Tovi Andrews	Heather Carnocki	
USHER 10 am	Allison & Shane	Dave Peterson	Chris Crowson	Dave Peterson	
BC Person Of the Day	Penny Whitney	Bill Fulton	Carrie Rivers	Sylvia Campbell	
COUNTERS	Bill Cleveland Norma Tipton	Bill Demmon Chris Crowson	Jacque Walker Heidi F-W	Bill Cleveland Norma Tipton	
COFFEE HOUR	Sarah Rogers	Melanie Reeder	Amy Wentworth	Sylvia Campbell & Joan Willoughby	
1st LESSON	Deuteronomy 18:15-20	Isaiah 40:21-31	2 Kings 2:1-12	Genesis 9:8-17	
PSALM	Psalm 111	Psalm 147:1-12, 21c	Psalm 50:1-6	Psalm 25:1-9	
2nd LESSON	1 Corinthians 8:1-13	1 Corinthians 8:1-13 1 Corinthians 9:16-23 2 Corinthians 4:3-6		1 Peter 3:18-22	
GOSPEL	Mark 1:21-28	Mark 1:29-39	Mark 9:2-9	Mark 1:9-15	

Roster of Volunteers for Services If you cannot serve on your assigned Sunday, please call someone from this list.					
LECTORS	EUCHARISTIC MINISTERS	GREETERS	COUNTERS	ACOLYTES	
8 AM	8 AM	8 AM		Heather C.	
Donna Hilton	Donna Hilton	Dave & Vivian Durfee	Bill Cleveland	Carleton M.	
Ruth Lindstrum	Ruth Lindstrum	Donna Hilton	Chris Crowson	Christina E.	
Lynda Loveday	Elizabeth Moorhead	Darrow Lindstrum	Bill Demmon	Chelsea R.	
Elizabeth Moorhead	William Reeder	Lynda Loveday	Jim Foley	Drew W.	
John Steller	Charles Smith	Rod & Marin Mash	Norma Tipton	Mackenzie W.	
Norma Tipton			Jacque Walker	Benjamin W.	
Mardi Dawson (sub)			Heidi Feenstra-Wilson	Christina W.	
10 AM	10 AM	10 AM		Jason W.	
Elizabeth Flagg	Charles Smith	Tovi Andrews		Aina Z.	
Jim Foley	Ken Stephens	Heather Carnocki		Kate Z.	
Kathy & Larry Little	Peter Stockwell	Ray & Elizabeth Flagg			
Ken Stephens					
Stu Smith					
Mike Wentworth					
Gail Ferguson					

## February 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8 &10 am Holy Eucharist Nursery Sunday School New Fellowship Praise Team at 10:00 am	2 7 pm Evening Bible Study	3 7 am Sonshine Fellowship 9 am Morning Prayer	4 2 pm Centering Prayer 5:30 pm Holy Eucharist 6:15 pm Potluck 7 pm Program Linda Back Clergy Day	5 9 am Morning Prayer Noon Vicar's Bible Study 4:30 pm Book Group 7 pm Building Comm. Meeting	6 Vicars Day Off 9:30 am St A's Book Group	7 <b>1-6 pm</b> Writing Group
8 8 &10 am Holy Eucharist Nursery Sunday School	9 4:30 pm Outreach Team Mtg. 7 pm Evening Bible Study	10 7 am Sonshine Fellowship 9 am Morning Prayer Standing Committee	11 2pm Centering Prayer 5:30 pm Holy Eucharist 6:15 pm Potluck 7 pm Program	12 Lincoln's Birthday 9 am Morning Prayer Noon Vicar's Bible Study 6:30 pm BC Meeting	13 Vicars Day Off 9:30 am St A's Book Group	14 Valentines Day 1-6 pm Writing Group 6:00 pm St. A Youth Valentine Spaghetti Dinner
15 8 &10 am Holy Eucharist Nursery Sunday School	16 Presidents Day 11 am Witty Knitters 4 pm Worship Planning 7 pm Evening Bible Study	17 7 am Sonshine Fellowship 9 am Morning Prayer 10 am Newsletter Deadline 6 pm Shrove Tuesday Pancake Dinner	18 Ash Wednesday  Noon Holy Eucharist 2 pm Centering Prayer 7 pm Holy Eucharist	19 9 am Morning Prayer Noon Vicar's Bible Study	20 Vicars Day Off 9:30 am St A's Book Group	21 1-6 pm Writing Group
22 8 &10 am Holy Eucharist Nursery Sunday School	23 6:30 pm Contemplative Book Study 7 pm Evening Bible Study	24 7 am Sonshine Fellowship 9 am Morning Prayer	25 2 pm Centering Prayer 5:30 pm Holy Eucharist 6:15 pm Lenten Soup Supper 7 pm Program	26 9 am Morning Prayer Noon Vicar's Bible Study	27 Vicars Day Off 9:30 am St A's Book Group	28 1-6 pm Writing Group

St. Antony's Episcopal Church 10239 Old Frontier Road, P O BOX 2822 Silverdale, Washington 98383

The mission of St. Antony's is to be a loving and welcoming people who worship God, grow in Christ, and serve others.

Gather, Grow, and Go!